

Join us for

# HOPE & Healing



ST. ANN'S  
COMMUNITY

Please join us as we support one another simply by being present, offering hope and healing.

The second Wednesday of every month at 4:00pm

January 14

March 11

May 13

February 11

April 22\* (*guest speaker*)

June 10

The Walter and Barbara Parkes Family Chapel, 1500 Portland Ave., Rochester

Losses are just part of living and they come to us in many forms and sizes. We carry these losses with us in our hearts and even our bodies. Whether you are experiencing grief over the loss of a loved one, anticipating the death of a loved one, grieving a pet, a job/career or a dream, oftentimes sharing stories and listening to others helps us through the pain and sorrow.

We thank Holy Sepulchre & Ascension Garden Cemeteries for providing the philanthropic support for our Hope and Healing Group.

\*In April the group will be held on the fourth Wednesday