# St. Ann's Community Walk 2024 Facts & Guestions

# What is St. Ann's Community Walk?

An easy way for anyone to help raise funds to support the mission of St. Ann's Community! Funds raised will be used to support a variety of activities for our elders. There will also be a focus on healthy aging (September is national healthy aging month after all!) with several vendors on site representing health and cultural activities available in our region. In addition, there will be food options and entertainment.

It's a rain or shine event! Be prepared for any type of weather that might occur.

## How can I get involved?



Raise funds and walk! Register at **stannscommunity.com/walk** to set up your fundraising page and build your walking team.



Get your friends, family, and coworkers to join you, either by being a part of your walking team (and raising funds too!) or providing a gift toward your fundraising goal.

Volunteer your time. We have several opportunities pre-event, day-of the event, and post-event to get involved.

## What is a walking team?

It's a group (2-5 individuals) who come together to support St. Ann's Community. We encourage setting up walking teams of friends, family, or coworkers. Set a group fundraising goal (your individual fundraising goal is a part of the group goal), cheer each other on, and walk together to support the mission of St. Ann's Community at the event on September 14th!

## What is Peer 2 Peer Fundraising?

Peer 2 Peer (P2P) Fundraising is how individuals (walkers) can ask their network of family and friends to help them raise funds to support an organization. It's easy! Set a fundraising goal (minimum of \$75), share across your social (and professional) networks, and raise funds for St. Ann's Community! Register at **stannscommunity.com/walk** to set up your fundraising page and build your walking team.

### Can I register to participate in St. Ann's Community Walk without doing P2P Fundraising?

Yes, you can pay your individual registration fee (\$75) either ahead of time at **stannscommunity.com/walk** or the day of event. It can be paid via check or credit card. NO CASH PLEASE.



# **Can I bring my pet to the walk?**

No. We all love our pets but we do not want any unexpected situations to occur.

#### What if I cannot make the September 14th event date <u>OR</u> I live out-of-state? Can I still participate and raise funds for St. Ann's Community?

Yes! Although we'd love to see everyone on the day of the event, we understand that sometimes that isn't possible. Some ways you can participate include:



Designate one of your daily (or weekend) walks to raising funds for St. Ann's Community! Create a fundraising page at **stannscommunity.com/walk** and reach out to your social (and professional) networks to support you as you raise funds for St. Ann's Community.



Ask a family member or friend to walk for you! Ask them to set up their own fundraising page and make a gift for their walk.

Donate \$75 towards the walk in honor of someone who calls (or called) St. Ann's their home!

### I'm signed up and I'd like to have my whole family there. Can my kids join me?

We encourage walkers to get their family involved and moving with us at the St. Ann's Community Walk. Children 5 and under are free. Kids ages 6 – 18 are asked to bring their worn-out sneakers (and collect their friends' sneakers too!) as their contribution. There will be Got Sneakers! bins at Registration to drop the sneakers in. Adults must raise a minimum of \$75 to join the walk, but are also encouraged to bring used sneakers!

# My mom (or dad, grandparent, other family member) lives at St. Ann's. Can they join the walk with me?

Absolutely! As long as the elder is able to be outside, is with your family the whole time, and the outdoors conditions are not an impediment, we encourage their participation. Elders who reside at St. Ann's Community participate at no cost. (If you will be pushing them in a wheelchair, it's a good idea to come walk the route first yourself.)

## What if I want to get my company involved?

We'd love it! **Contact Cati Pulver, cpulver@mystanns.com or 585-697-6320**, to find out about sponsorship and volunteer opportunities.

