

FROM OUR PRESIDENT & CEO

At this time of year, my friends who are gardeners are in their glory. They know that the seeds they have planted are thriving in the warm summer sun, and will yield bountiful results in the months ahead.

The same is true of the seeds we are planting at St. Ann's Community. That includes not only the actual gardens our elders cherish but also the investments we are making in the future of our community and our workforce.

Step off the elevator at St. Ann's Home and you will see the fruits of our landmark renovation project. These floors have been fully transformed into beautiful, modern living spaces for our elders. More than just a physical improvement (which itself is magnificent), the renovation allows us to provide a more intimate delivery of care and a greater sense of connection between our elders and their dedicated care teams.

The nearly \$40 million project would not have been possible without our generous philanthropic donors, who provided \$14.3 million to our For All They've Given Campaign in support of the project. The seeds they planted have yielded a real bounty for our elders and their families, and our gratitude is immense.

We are also cultivating seeds to support our incredible workforce. Of primary importance is our investment in those who provide the critical hands-on care at the bedside, our Certified Nursing Assistants (CNAs). We are proud to announce that we are bringing our CNA training program onsite, and offering passionate and committed individuals a path to certification while working alongside our existing CNAs. By "growing our own," we are strengthening this all-important segment of our workforce and ensuring the elders of today and tomorrow receive the best care possible. (To find out more, contact our Human Resources Department at 585-697-6063.)

A note on COVID: As of this writing we have weathered the Omicron variant. Despite new variants continuing to pose challenges, we remain well prepared to keep our community safe as we welcome the brighter days of summer.



Michael E. Malae Michael McRae | President & CEO

ST. ANN'S FOUNDATION, INC. 2022 BOARD OF DIRECTORS

Rachel Bandych, Chair
Jack Doyle
Kenton W. Fiske
John C. Hayes
Bernie lacovangelo
Greg Kausch
James J. Leo
Nicole M. Marro
Michael E. McRae, President & CEO
Rita Nischal
Catherine B. Riggio
Vic Salerno, Secretary/Treasurer

ST. ANN'S OF GREATER ROCHESTER, INC. 2022 BOARD OF DIRECTORS

Daniel Adams Edmond Akubuiro Michelle Ashby Thomas J. Combs Mark Cronin, Vice-Chair Melissa Gardner John C. Haves, Chair-Elect Carmen A. Indiano James J. Leo, Secretary/Treasurer Anna E. Lynch Michael E. McRae, President & CEO Sr. Marlene Pape, SSJ, RN Michael Pinch Trish Rissone Mauricio Riveros Cheryl A. Ryan Ronald E. Salluzzo, Chair Deborah Schauseil Rev. Robert J. Schrader James R. Smith Joseph Stankaitis, M.D. Joseph L. Wesley Bridgette Wiefling, M.D.

THE GIFT OF TIME

The world is a different place than it was in February of 2020. For us in Volunteer Services, what has become clear is how vital it is to continue to be a bright light for our elders. As we emerge from the pandemic, we are getting back to beloved favorites, such as Bingo and our Daily Mass. We are also developing unique programs to ensure our elders have opportunities to form lasting bonds with our Volunteers.

Here are a few ways **YOU** can volunteer and bring joy, social interaction and fun to our elders today. **Do you enjoy reading?** If so, our **Pages with Pals** reading program may be a fit for you! This program

matches a volunteer and elder to read together.



Do you have a talent? Rachel, one of our teen volunteers, visits on the weekends and plays the piano. If you have a desire to share your time or talents, we have the opportunity for

you to do so and make new friends among our elders.

Do you have a skill? One of our new volunteers is providing manicures—and our elders love it! If you have an idea of how you'd like to volunteer, let us know! Please call our Volunteer Services Manager, Maureen Murphy at 585-697-6523 or fill out the application at stannscommunity.com/apply-now.

2021 MARTIN F. BIRMINGHAM LEADER IN PHILANTHOPY AWARD: LECESSE CONSTRUCTION

Knowing your clients is key to the success of any business. For LECESSE Construction it is also about helping your clients flourish.

"When 95 percent of your clients are non-profits, you realize that philanthropy is an important component of their financial well-being," says LECESSE President Ken Ogden. "As a company that prides itself on relationships, we place a high value on philanthropic giving."

For more than 20 years, the company has supported St. Ann's annual giving campaign and a variety of events. In recognition of that ongoing commitment, LECESSE Construction was recently awarded the Martin F. Birmingham Leader in Philanthropy Award.

"We are honored by the award," Ken says, "and view it as validation of our successful long-term partnership with St. Ann's. We're proud to support their vision in the work we do and the financial contributions we make."

Most recently, LECESSE was also involved in the renovation of St. Ann's Home, not only as

a contractor but as a major donor to the For All They've Given Campaign that helped fund the project.

The Martin F. Birmingham Leader in Philanthropy Award recognizes leadership, dedication, and philanthropic commitment to St. Ann's Community.



2021 PARTNER IN PHILANTHROPY AWARD: REBECCA AHRNS-WALKER

"I can't believe it's been 25 years!" says Rebecca, who was hired as the Resident Services Manager at Chapel Oaks in 1997. She rose through the ranks and since 2015 has been the independent living community's Director.

In that role she's earned the affection and gratitude of Chapel Oaks' residents, whom she considers "my extended family," and the respect and admiration of her colleagues.

Rebecca Ahrns-Walker accepting the Partner in Philanthropy Award from Jodi Revill, Vice President, St. Ann's Foundation in July 2021

And recently, she was honored with the Partner in Philanthropy Award from St. Ann's Foundation.

Beginning in her early years as an employee, Rebecca has made St. Ann's a part of her charitable giving.

"Many elders, especially those at St. Ann's Home, don't have the means to afford the little things that make their lives special," she says. "I'm glad to know I'm helping them to be happy and comfortable at this point in their lives. It gives me purpose."

Knowing she's making a difference in people's lives is what makes her job at Chapel Oaks rewarding. It is also what inspires her philanthropic giving to St. Ann's.

"I believe in St. Ann's mission and I'm grateful for the opportunity to give back," she says. "I'm glad to do what I can. It's not a huge thing but it makes a big difference."

Established in 2004, the **Partner in Philanthropy Award** recognizes St. Ann's Community employees who demonstrate "an exceptional level of support for those we serve through their personal and professional commitment to philanthropy."

ANNA AND LEN STEIN AWARD HONORS OUTSTANDING NURSING STAFF

Since she was in first grade, Anna Stein knew she was destined for a career in Nursing. "When I was young, I spent a lot of time with my great aunt, who didn't have children," she says. "We always talked about me becoming a nurse, and we'd role play—I was the nurse, she was the patient."

Now, after a 50-year career in Nursing (and counting), Anna is shining a spotlight on others in her chosen field, the people she says are "the ones behind the scenes who keep our elders going every day."

She and her husband established the Anna & Len Stein Award to recognize outstanding members of St. Ann's Nursing staff. The first three recipients of the

awards in 2021: Keith Dickeson (CNA, St. Ann's Home), Susan Hargrave (Senior CNA, St. Ann's Care Center) and Borith Sam (Senior CNA, St. Ann's Home). Together, the three have 97 years of experience serving the elders of St. Ann's.

"That is a lot of longevity!" says Anna. "We hope this shows them and future recipients that they

are valued and respected among St. Ann's staff." Anna has been a member of the St. Ann's Nursing team since 2007, serving in a number of leadership roles including Assistant Director of Nursing. She retired in 2014 but later returned as a per diem Nursing team member. "There's nothing

I would rather do with my life," she says.

During the pandemic, Anna witnessed firsthand the hard work and sacrifices her Nursing colleagues made while steadfastly caring for their elders. That was all the inspiration she and Len needed to make their gift to St. Ann's Foundation to create the award.

"St. Ann's does so much for its employees. We are thrilled they

let us contribute through this award," she says. "It's so important to recognize the people who are critical not just to the organization and the community but to the elders and their families. These are people who cherish what they do, which is looking out for 'the greatest generation'."

"THESE ARE
PEOPLE WHO
CHERISH WHAT
THEY DO, WHICH
IS LOOKING OUT
FOR 'THE GREATEST
GENERATION'."





STAR PROGRAM AWARDS: THANKING EXCEPTIONAL STAFF

"It's like living on a cruise ship but on land."

That's how Arlene Schneider describes life at Chapel Oaks. And one of the reasons she feels that way is the exceptional level of service provided by the independent living community's Maintenance Department.

"They're always willing to help us, no matter how small or large our problems," says Arlene,

a longtime resident who serves as President of the Resident Council at Chapel Oaks.

The team consists of **Dave Sheehan**, **Tim McGrath**, **and Patrick Pancione**. To give them the recognition they deserve, Arlene chose to nominate all three for a STAR Award, by making a gift to the STAR Fund.

"They will do anything for you, from changing a light bulb to hanging a 50-inch TV on the wall to fixing your washing machine," she says. "I am very grateful to them and thankful that we have them here at Chapel Oaks."

Chapel Oaks Director Rebecca Ahrns-Walker agrees.

"We'd be lost without Dave, Tim, and Patrick," she says. "They are so knowledgeable about maintenance in general and each brings an area of expertise to the table that enables them to solve just about anything that comes up. The residents adore them all and look forward to them taking care of their maintenance requests."

The award means a lot to the hardworking team.

"IT'S LIKE LIVING ON A CRUISE SHIP BUT ON LAND." "We feel honored and proud to be recognized," says Patrick. "There's great teamwork in the Maintenance Department and throughout Chapel Oaks. It takes a village to make our residents happy."

The STAR Program allows residents and family members to thank the

exceptional staff caring for the most important people on earth. Gifts to the Star Fund support a variety of recognition activities designed to thank all of St. Ann's employees.

For more information on how to provide a gift and nominate a member of staff for a STAR Award, visit **stannscommunity. com/star-award** or scan the QR code here.



2021 IMPACT REPORT

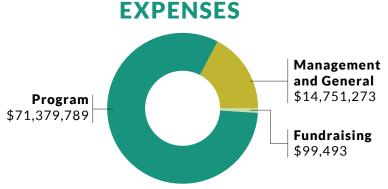
In 2021, our donors had tremendous impact on Caring for the Most Important People on Earth.











\$102,474,872

TOTAL: \$86,230,555

*2021 audited financial data

SIGNIFICANT AREAS SUPPORTED





FOR CARING





ANNIE'S ANGEL **FUND**



LIFE **ENRICHMENT SUPPORT**



MUSIC THERAPY

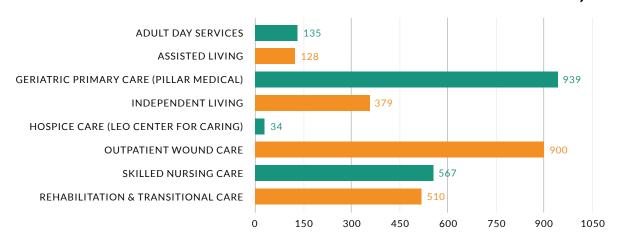


EMPLOYEE RECOGNITION & SCHOLARSHIPS



PASTORAL CARE

LIVES SERVED BY SERVICE AREA - 2021 TOTAL: 3,592



\$44,500 AWARDED IN EMPLOYEE SCHOLARSHIPS

\$113,000 GIVEN BY 51% OF EMPLOYEES 2,164
HOURS GIVEN BY
% VOLUNTEERS BETWEEN
APR 1 - DEC 31

13,900

PASTORAL CARE VISITS BETWEEN MAR - DEC

427
HOURS
OF EDEN
ALTERNATIVE
EDUCATION
FOR STAFF

60,000+VISITORS

STAR AWARDS:

56

PRESENTED

1,500+ DONORS

650 HOURS OF MUSIC THERAPY

3,755
HOURS OF LIFE
ENRICHMENT SUPPORT

130,317

STAFF HEALTH SCREENINGS TO PREVENT COVID TRANSMISSION

IN APPRECIATION OF YOU,

OUR MOST GENEROUS AND DEDICATED DONORS

We are extremely grateful for your many gifts in support of the elders of St. Ann's Community in 2021. You have made it possible for us to make life full of choice, independence and fulfillment for each of our elders.

Pinnacle \$100.000+

James & Ann Gould James J. & Kathleen "Flower" Leo Mother Cabrini Health Foundation Odd Fellow & Rebekah Benefit Fund Ralph C. Wilson, Jr. Foundation

Guardian \$25.000 - \$99.999

Estate of Josephine Albert Patrick C. Burke **Daisy Marquis Jones Foundation** Bob & Jackie* Estephan The Hutchins Family Foundation The Bernard & Patricia Iacovangelo **Family Foundation** The Frank & Jean Iacovangelo Family Foundation E. Louis Kime, Jr. Anthony R. Palermo The Rochester Area Community Fdn Victor & Fileen Salerno Ron & Sharon Salluzzo Laurel Tarcinale in memory of Mike Tarcinale The Kathleen B. and Charles R.

Provider \$10,000 - \$24,999

Walgreen III Foundation

Rachel & David Bandvch Sherwood Deutsch Father Daniel F. Holland Tony & Kathy Iacovangelo Ab Lapine Charitable Trust Anthony & Judith Malone Maureen McCoy William Mendick Fritz & Maura Minges Walter & Barbara Parkes Cathy & Tom Riggio Mauricio & Bess Riveros Thomas & Bernice Seibert Leonard & Anna Stein

Advocate \$5,000 - \$9,999

Bob & Karen Bourg

Maggie & Paul Bringewatt Joan Dalberth Joan H. Frazier Mary Beauchamp & David L. Guadagnino

Dennis Kant & Patricia Stevens

M&T Charitable Foundation

Michael & Kellie McRae Susan & Michael Murty

Sandra A. Parker* Susan Parkes-McNally & Jon McNally Don & Diane Reeve The Rubacha Family

Eileen Ryan-Maruke & **Christopher Maruke**

Joseph and Irene Skalny Charitable Trust

Patron \$2.500 - \$4.999

Reverend Peter T. Bayer Father James Boyle Stephen & Virginia Clark Michelle & Conor Dwyer Michael & Joanna Grosodonia Dorothy & John Hayes

Carmen A. Indiano

Faith & Don Keelev

Cindy Lovetro Sabrina McLeod & Gretta Schaefer Kim Petrone, MD Adelaida Samuels

Michael & Deborah Schauseil James & Vicki Smith

Director \$1,000 - \$2,499

Anonymous

Daniel & Ellen Adams Darlene & Edmond Akubuiro, PhD Michelle Ashby

Rene & Tom Barnes

Sharon Brognia Craig J. Burton Cathleen & Thomas Combs Dr. Ruben & Mrs. Evelyn Cowart Stacy Craig Iggy and Alberta DeGaetano Mary Ellis Kenton W. Fiske

Christine & Richard Freeley

Jill & Kent Gardner Dennis Graziano

Christine Grout

Michael & Teresa Haves

Laura & William Hollenbeck Barbara & Larry Howe Kristina Indovina Jean & Edward Jablonski Dr. John Jurik Gregory & Susan Kausch Ann & Myron Kowal Ross P. Lanzafame Michael & Patti Larche The Lindner Family in memory of Richard H. Lindner

Mary & Steven List

Nicole & Michael Marro Barbara-Ann & Harvey Mattle Leah Merritt-Mervine Carole Sehm Mulcahy Betty Mullin-DiProsa &

Frank DiProsa Karen O'Connell Ellen O'Neill Joseph & Florence Pellerite Mike & Karina Pinch

Eileen & Michael Prince

Barbara J. Purvis

Jodi & BJ Revill

Gail Yander

Dennis Rodgers Dr. Jarvis Sanchez-Rivera

Sandhya & Avinash Sarlashkar

David Scott The Singhals Annette Smith Anne & James Sorensen Vickie & Joseph Stankaitis, MD George & Grace Supple Thomas Tette & Ginny Kennedy-Tette Mark & Eileen Tornatore Richard & Julie VanderHorst Richard Versluys Timothy Vogel Janel Welch Joe & Kimm Wesley Susan Whalen

Friend \$500 - \$999

Anonymous

Rebecca Ahrns-Walker

Linda & Lawrence Becker Steve & Terry Biracree Carol M. & Robert A. Bourg George & Suzanne Budine

Holly & Keith Carmona Tina & Guy Cenname

Pasquale Conca Dr. Rebecca E. Conklin

Dean & Judith Cowen Marj Cunningham Eileen & Richard Loveless

Dr. Brian D. Day

Josh & Holly DeJohn Kevin & Cynthia Doell Raymond & Gail Fiorini Thomas R. Gears

Nelson & Lisa George Christa & David Heinsler Dr. Brian Heppard &

Mrs. Cynthia M. Heppard

James Isaac Triciajean Jones Don & Faith Keelev Roger A. Kindler, Esq.

Mary Ellen Maier

Mary & Jack McCarthy Timothy & Elizabeth McHugh John & Amy Mealey Emma Morrison

Rola O'Meally RN, BSN

Robert Pecora Mary & Robert Pegan Greg & Laura Pepe Kathleen Prince

Shantrella Rand Brian Rittenhouse

William & Tina Robinson Barbara & Michael Rodzinka

Priscilla Salgado **Eve Scofield**

Jim & Sandy Sloan Steven & Paula Smith Martin E. & Lenore A. Teske Susan Topel-Samek Kathleen VanScoter Kathleen Vaughn James Wallace Erin Ward

Benefactor \$250 - \$499

Anonymous (3)

Paul Andrews

Elizabeth Bach Steven Bandrowczak Jack & Kathleen Beadling

Jennifer Blackchief & Family Paulette & Brian Briskie

Chris & Jodie Calcagno David P. Cascino Marilyn Cerame Alan Chim

Shaneeya Cooper

Mark & Melissa Cronin Maureen Crough Martin & Amy D'Ambrose Robert Dangler Melissa Davis Greg & Nancy DeJohn

Robert* & Lee DeLelvs Ann M. Delmore

Regina Dennis

Patricia DeRyke Christopher & Nancy DiPasquale Reverend William Donnelly Mr. & Mrs. Michael J. Duffy Susan Dummer

Debbie Edwards

Dr. John Ellie

John & Anne Endries Robert & Nancy Ferris

Aaron & Rebecca Fields Patricia Finnigan

Noel Fontanez Richard & Anne Fortman Joseph Gigliotti Tammy Giunta Gary & Shari Gnolek

Deborah G. Goldman Dr. & Mrs. Paul Guadagnino

Salome Hamaker Michael & Serena Harrington

David & Lynn Hayes Margaret R. Hayes-Cote

Marvin Hill **Rachel Holmes**

Vandy & Herb Humphrey

Christine Jackson Daniel & Sheila Kinsky

Todd Klugh

Bonnie Kreckel Brianna Maltese

Janice G. Mascari Virginia & John Miller

Ann Marie Molinelli

Vincenza Mormino Maureen Murphy

Elaine P. Naughton Patricia H. Nichols

Jesse Niedermeier

Harold & Diane Osborne Mary & Anthony Palombaro

Kimberly & Dan Pasquale

Carol Perrin Monica Perry Kathleen & Philip Piccini Beronica Prior Anne A. Riley-Hill Trish Rissone

Melissa Rodriguez

Irene Russnak Stephen Salluzzo

Janel Salva

Arlene Schneider Paula Schnurman Rob Sciarratta

Cyndi Severino

John Simmons James & Anne Sorensen Jack & Evelyn Stateler Lee & Beth-Ann Sugg

Tara & Nick Tiberio Nichole Tyler

Edward Umbach Linda Warner

Denise Watson

Susan Webb

Shelly Woodworth

^{*} Deceased | Bold = St. Ann's Employee

2021 BUSINESSES & ORGANIZATIONS

Accurate Acoustical, Inc. Alesco Advisors LLC Arthur J. Gallagher & Co. B. Giambrone & Co., Inc. Battisti's Salon & Spa Bay Tile & Marble Corp. Burke Group City Blue Print Company Cooley Group, Inc Doyle Security Systems, Inc. Drapery Industries, Inc. Excellus BlueCross BlueShield F. Oliver's Faber Builders, Inc. Fee Brothers Fischer Investment Group, Inc. Genesee Office Interiors, Inc. **GLC** Business Services Glenn-Douglas Constructors, LLC **GMR** Associates

Hamlin Lions Club Harter Secrest & Emery LLP Highfalls Technologies Group Hinman Straub P.C. Holy Sepulchre Cemetery & Ascension Garden HR Works, Inc. Insero & Company CPAs, P.C. Johnson & Johnson Family of Companies LECESSE Construction LiDestri Food and Drink Lifespan of Greater Rochester Living Roots Wine Co. Network for Good Niblack Foods O'Connell Electric Company, Inc. Otis Elevator Company Our Lady of Mercy School For Young Women

Palmer Food Services, Inc. Passero Associates LLC **PMA Companies** ProCare Pharmacy Benefit Manager Inc. **Providence Housing Development Corporation ProviNET Solutions** Radec Electric Corporation Rochester Regional Health Rochester Genesee Valley Funeral Directors Association, Inc. Rochester's Cornerstone Group **Root Catering** Securitronics Company, Inc. Sisters of Saint Joseph of Rochester Special Care Systems, LLC **SWBR Switzer Business Solutions**

TEKsystems, Inc. The Bonadio Group The Law Firm of Janice M. Iati, P.C. The Pike Company The Raymond Corporation **Tipping Point Communications** Turula Family Fund, Inc. UltraMobile Imaging, Inc. Underberg & Kessler LLP Usherwood Office Technology **USI Insurance Services LLC** Vay-Schleich & Meeson Funeral Home W.B. Mason Webster Credit Union Wegmans Food Markets, Inc. Zweigle's, Inc.

HOGAN LEGACY SOCIETY

The Hogan Legacy Society is for the donors who have made a gift to St. Ann's Community through their will or other planned gifts. St. Ann's is blessed by these individuals and families for their generosity, leadership and foresight in benefiting our community for generations to come:

Anonymous (5)* Rebecca Ahrns-Walker Josephine Albert* Michelle Ashby David and Rachel Bandych Carl* and Mimi* Baver Paul* and Donna Berardicurti Martin and Ann Birmingham James Boehler* **Bob and Karen Bourg** Maggie and Paul Bringewatt Linda C. Brunner* Julie and James M. Caluneo George Caputo* Gertrude* and Florence Childs* Judith Whalen Conley Robert* and Lee DeLelys Reverend Albert Delmonte Father William Donnelly John and Lauren Doyle

John* and Beverly Dunn Bob and Jackie* Estephan Richard and Anne Fortman Joan H. Frazier Billie and Douglas Gale Adelaide and Stephen Goldman Ann and Jim Gould Dorothy and John Hayes Frank M.* and Jeanne B.* Hutchins Monica Jenkins **Dennis Kant and Patricia Stevens** Mark and Kathleen Keogh E. "Lou" Kime, Jr. Tracy H. Kroft Ross P. Lanzafame Lorine Lazure* James J. Leo and Kathleen Masters-Leo

Anthony J. Malone Family

Michael and Nicole Marro Maureen K. McCoy Michael and Kellie McRae F. Christine Mohr Carole Sehm Mulcahy Betty Mullin-DiProsa and Frank DiProsa Marilyn A. Nicholson* Seth* and Anna* Norton Carol and Mike O'Neal Kathleen Prince Barbara J. Purvis Thomas P. Riley and Barbara M. Kelley Walter J. Roth* Eugene* and Marie* Roth Bob and Cindy Ryan Joan and Jim Ryan Ron and Sharon Salluzzo

Michael and Celeste Seelig Norman Selke* Carlton* and Alice* Servas Steven and Paula Smith Laurel Ann and Michael* Tarcinale Marjorie D. Tellier Ginny and Tom Tette Patricia M. Thummel Susan Whalen

Donors honoring others with their gifts:

In memory of Mary Ellen and Albert Burke In memory of Rose C. Gigliotti In memory of Laverne Graning* In memory of Barbara Kausch-Schickler In memory of Martha E. <u>Sparkes*</u>

ST. ANN'S COMMUNITY RAISES \$14.3 MILLION THROUGH FOR ALL THEY'VE GIVEN CAMPAIGN

In a remarkable show of support for the elders of St. Ann's Community, generous donors contributed a total of \$14.3 million to St. Ann's For All They've Given Campaign.

The five-year campaign, which ended December 31, 2021, is making possible a landmark renovation of St. Ann's Home in Irondequoit.

"Through their generous support, our donors have joined us in honoring our elders for all they've given to our community and our lives," said Michael E. McRae, President and CEO of St. Ann's Community. "This campaign allows us to say thank you through a transformative capital project that provides them the beautiful, modern living spaces and personalized care they want and deserve. It enables our staff to continue caring for our elders in the best way possible while keeping St. Ann's at the leading edge of senior care in Rochester."

The project, totaling nearly \$40 million, represents the first major renovation to St. Ann's Home since 2001.

Renovation of St. Ann's Home

Built in 1963, St. Ann's Home has undergone a total makeover in both structure and design. The result is a warmer, more modern living space that creates

a closer-knit community among elders and their care teams. The renovation project will be fully completed in 2022. Results include:

- Upgraded infrastructure including new heating/ ventilation/air conditioning systems and technology modernization and enhancements
- A new household model reflecting the preference of elders and their families for a more intimate delivery of care
- Two households of 15 elders per floor with a shared kitchen and increased common space with modern décor and furnishings
- A dedicated care team for each household, creating a feeling of connectedness and stability supported by the new living space
- Greater social and therapeutic options for elders right on their floors

"We are so grateful to our donors for helping usher in this new era for St. Ann's," said Jodi L. Revill, VP & Chief Development Officer, St. Ann's Foundation. "Our tradition of service to Rochester's elders dates back nearly 150 years. Thanks to our For All They've Given Campaign, we're ready to serve both our current elders and those to come with living space as warm and comfortable as the homes they've known all their lives."



FOUNDATION BOARD MEMBER PROFILE: CATHY RIGGIO

It all started with a simple dinner invitation.

Granted, it wasn't just any dinner but rather St. Ann's FOOD FIGHT event. Cathy Riggio and her husband Tom were invited to join their friends Rachel (now Foundation Board Chair) and David Bandych, at their table. The dinner and the competition were great, but Cathy was struck by something more.

"When I heard the stories and saw the videos of the care being provided at St. Ann's, I was so humbled," she says. "You start to realize how easy it is to overlook people just because they're old."

Cathy was so moved that she began taking a greater interest in the work of St. Ann's, and she and Tom have made St. Ann's a part of their philanthropic giving. For the past two years, she has also been a proud member of St. Ann's Foundation Board.

"I'm happy to do anything I can to make others aware of the important work being done at St. Ann's," Cathy says. "The staff are so committed and they put their hearts into everything they do. The first priority is always the elders and meeting their needs."

Like many who give of their time and financial resources to benefit the elders of St. Ann's, Cathy has a personal connection.

"Before I joined the Foundation Board, my mother-in-law was in rehab at St. Ann's for three weeks," she says. "When she arrived, we honestly didn't know if she'd see another birthday. Now it is three years later and here we are, she's still going strong. The care and support from the staff at St. Ann's was stellar, I can't praise them enough."

It is that aspect of elder care, the humanity and the dignity our elders deserve, that inspires Cathy to continue her support for St. Ann's and encourage others to do the same.

"I'm passionate about the need to take care of our elders and help them continue enjoying life regardless of their age. St. Ann's does it extremely well."





At St. Ann's Community at Cherry Ridge, we know how important it is to feel at home. That's why we offer the finest in retirement living, free from the demands of home ownership.

Located on 41 beautiful acres in Webster, Cherry Ridge offers a range of choices including spacious apartments and cottage homes. Whatever you choose, you'll be part of a community of caring friends and neighbors and have access to a wide array of first-class services and amenities.

And you'll rest easy knowing that you have convenient access to a full continuum of care should you or a loved one ever need it.

Your home at Cherry Ridge includes:

- Choice of luxury cottage homes or apartments
- Maintenance-free living
- Delicious array of dining options, including complimentary breakfast daily
- Courtesy transportation to medical appointments
- Priority access to health services
- 24-hour security









TOM TETTE & VIRGINIA KENNEDY-TETTE EMPLOYEE SCHOLARSHIP

Thanks to the care provided by a Certified Nursing Assistant (CNA) 17 years ago, today's employees of St. Ann's Community have a resource that can help them realize their dreams.

"Rhonda was so good to my mother," says Ginny Kennedy-Tette. "She always seemed to know what to do and what not to do. She knew my mother's quirks and knew just how to respond. It's truly a gift, being able to take care of elderly people that way. I have the utmost respect for CNAs."

Ginny also knew that many CNAs and other employees often wanted to further their education and advance their careers but didn't have the resources. So Ginny and her husband Tom decided to do something about it.

They reached out to St. Ann's Foundation to establish the Tom Tette & Virginia Kennedy-Tette Employee Scholarship. "If we can help CNAs become LPNs and help others attain their degrees, it benefits everyone," she says. "Education is the one thing nobody can take away from you."

Before moving to Florida, she and Tom attended every scholarship award ceremony, meeting the

recipients and their families and sharing in their excitement. They also receive letters describing how the recipients are using the funds and their progress toward their goals.

"They may need childcare, repairs to their car, a new computer, any number of things," she says. "The scholarship relieves some of that burden."

Ginny's mother passed away at age 91, but the memory of the care she received still drives Ginny and Tom's commitment to St. Ann's. They are also Hogan Legacy Society members.

"Mom used to say, 'Why do you come here every day? They take good care of me!'" she recalls with a laugh. "We always knew she was safe and well cared for and there were people here who were concerned about how she was doing. How wonderful that we could rely on them for that peace of mind!"

"So this is our way of giving back, our way of saying thank you to the dedicated people who give the care we can't. They are gifted people."

EMPLOYEE SCHOLARSHIP RECIPIENT: TRISHA FERRARA



The cost of textbooks and other school supplies are something that Trisha, Employee Health Office Administrator, doesn't have to worry about. She's a recipient of the Tom Tette & Virginia Kennedy-Tette Employee Scholarship.

"It's a huge deal," she says. "There aren't a lot of companies that say, 'Here's money, go better yourself.' St. Ann's offers so much to its employees: scholarships, tuition reimbursement, on the job training, opportunities for growth."

"The scholarship allows me to maintain a good work-life balance. It also means I can afford the school supplies I need to get my work done," Trisha says.

Trisha expects to remain with St. Ann's as she grows in her career. "I love this organization. I've been here going on 7 years and have recently transitioned from being the Office Specialist at our outpatient clinic Pillar Medical Associates at Chapel Oaks to Employee Health Office Administrator where I will be assisting the employee health nurses. I will probably retire from here if all goes well. It's a great place to work."

And to the donors whose gifts make St. Ann's employee scholarships possible?

"It's hard to find the words to show my appreciation," she says. "Thank you for your generosity. Your gifts allow many of us to open doors long thought to be closed."

Since the inception of the program, over \$400,000 has been awarded.

LEAVING A LEGACY AND GIVING BACK

ROSS P. LANZAFAME, ESQ.

"I chose to make a planned gift to St. Ann's Foundation because, as I saw firsthand when my parents were at Cherry Ridge, "Caring for the most important people on earth" and providing care "in the Catholic tradition of excellence" aren't just slogans. They are core principles lived daily by each staff member, on each campus and in every St. Ann's facility. I am proud to be a member of the Hogan Legacy Society."

Established in 2003, the Hogan Legacy Society recognizes individuals who have funded a life-income gift or included St. Ann's Foundation in their estate plan.

Do You Have A Plan for the Future? Download your free guide at www.mystanns.legacygift.com.

To learn more about becoming a Hogan Legacy Society member, please contact Christine Grout at 585-697-6338.





MUSIC THERAPY: HELPING ELDERS NAVIGATE THE NEXT CHAPTER OF THEIR LIVES

Every day at St. Ann's Community, someone is being transported by music. "Music Therapy is using music as a tool to meet non-musical goals," says Erica Smith, M.S. MT-BC, Music Therapist at the Wegman Care Center and Leo Center for Caring. "Those goals cover all aspects of well-being: physiological, social-emotional, cognitive, and spiritual."

St. Ann's is one of the few senior communities in New York State to have Music Therapists on staff every day. "It gives us the opportunity to build trusting relationships with our elders, to get to know them on a deeper level" says Erica. "And that allows us

to use Music Therapy more effectively."

Another Music Therapist recalls the time she noticed that an elder was in distress. She was experiencing shortness of breath and was visibly agitated. "Because of our relationship I knew that hymns were very meaningful to her." After determining the elder

didn't require urgent medical care, the elder was engaged in singing some hymns. By the end of the first one, her breathing had improved and she was relaxed. Knowing which songs have meaning for each individual, helps relieve stress and create a safe, secure feeling for the elders.

Erica goes on to tell the story of an elder in the Leo Center for whom music helped at meal time. "I was able to use music to motivate her to eat," she says. "She liked to tell stories, so I would interject songs that coordinated with the stories she was telling. As I sang, she paused and would take a bite of food.

She was on a puréed diet, which is not very exciting, so making the meal experience intentional and enjoyable was great for her."

St. Ann's Music Therapists can often be found working with small groups of elders. This allows them to set individual goals for each person reflecting the Seven Domains of Well-Being, part of the Eden Alternative model of care. The Domains describe the things all humans need to experience contentment: Identity, Growth, Autonomy, Security, Connectedness, Meaning, and Joy.

For example, small-group Music Therapy sessions help develop a sense of social connectedness. Elders who learn to make music for the first time experience growth, joy, and a new sense of identity. Something not uncommon among new elders is the feeling as if their arrival at St. Ann's means their lives are over. Through conversations and one-on-one Music Therapy sessions, elders are able to communicate their emotions and

gradually find resolution and peace.

That's a testament to the power of music and how a therapist can use it strategically to help elders realize joy, comfort, and meaning in their lives.

"Music Therapy provides the time and space to help them navigate this chapter of their life," says Erica. "The most beautiful part is that they are the captain, the music is the co-captain, and we as Music Therapists are honored to be the crew on each of their journeys."

"MUSIC IS TRANSPORTING.
IT CAN TAKE YOU RIGHT
BACK TO THE VERY
MOMENT CERTAIN THINGS
HAPPENED IN YOUR
LIFE. IT'S UPLIFTING,
IT'S ENCOURAGING, IT'S
STRENGTHENING."

- ARETHA FRANKLIN

LEO CENTER FOR CARING: CELEBRATING 10TH ANNIVERSARY WITH A RENOVATION

Compassionate Hospice and Palliative Care at St. Ann's Community

Providing compassionate care that prioritizes comfort and the emotional and spiritual needs at the end of life for individuals and their families is one of the most important things we do at St. Ann's Community.

As we embark towards our 10th anniversary we look forward to the renovation and refresh that awaits.

Care and Compassion

The Leo Center for Caring offers hospice and palliative care in a quiet space nestled on the 4th floor of the Wegman Care Center on our Irondequoit campus. It provides a peaceful atmosphere allowing individuals to complete their lives with dignity, sensitivity and comfort.

Our staff is specially trained to care for those who are soon to depart this life with the utmost compassion, and to ease the stress of their loved ones who are preparing to say goodbye.

Providing care to those in their most vulnerable state of life are the Medical Director, Nursing Team, Social Workers, Dietitians, Music Therapists, Pastoral Care and Counseling Professionals.

Together these specially trained professionals with extensive hospice care experience allow us to complete our mission of caring for the most important people on earth.

A Shift in Needs

The Leo Center was created a decade ago as an acute inpatient hospice with an average length of stay lasting just a few days. In recent years, the Leo Center has shifted to provide long-term hospice care, with the average length of stay lasting several months. For these longer periods of care, the individuals and their families need different choices for how they live.

To meet these changing needs and to position the Leo Center for the next decade, the following renovations will be completed:

- Addition of a full-service kitchen
- Upgraded dining space where family and friends can gather
- Updates to the outdoor terrace
- Relocation of the Meditation space
- Creation of four family suites will provide a place for family members to rest and recharge, and still be close to their loved one

You can help the Leo Center remain a place of peace, dignity, and compassion for years to come. To learn more about Leo Center for Caring and how you can get involved, contact Jodi Revill, Vice President, St. Ann's Foundation at 585-697-6516.







1500 Portland Avenue Rochester, NY 14621

ADDRESS SERVICE REQUESTED

Non-Profit Org. U.S. Postage PAID Rochester, NY Permit No. 1700

Caring for the Most Important People on Earth

WAYS TO GIVE



ONLINE

Visit stannscommunity. com/donate-now or scan the QR code





BY MAIL

Make checks payable to St. Ann's Foundation. Mail to: St. Ann's Foundation 1500 Portland Ave. Rochester, NY 14621



BY PHONE

Contact our office at 585-697-6321 and provide credit card information



STOCKS & SECURITIES

To make a gift of stock or securities, please contact Jodi Revill at 585-697-6516



PLANNED GIVING

Visit our website at giftplans.org



IRA QUALIFIED **CHARITABLE DISTRIBUTION**

For more information, please contact Christine Grout at 585-697-6338



UNITED WAY

Make St. Ann's the beneficiary of your annual United Way giving. Select Donor Choice #2113



AMAZON SMILE

Make St. Ann's your charity of choice. Get started here: 16-0743146

QUESTIONS?

Contact St. Ann's Foundation 585-697-6321 foundation@mystanns.com stannscommunity.com/giving







