

# *St. Ann's Community* **Spirit**

MAY 2016

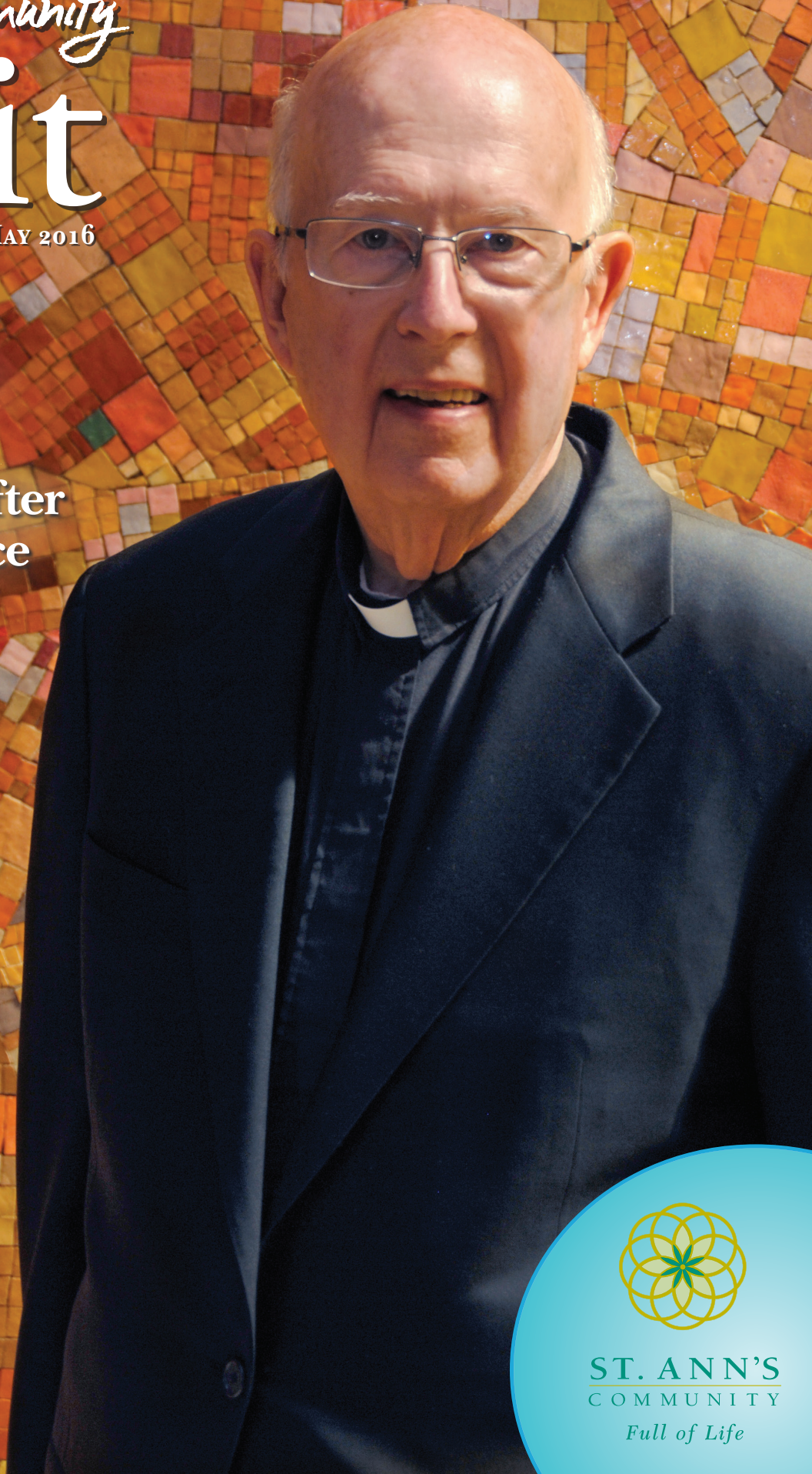
*The Face & Heart  
of St. Ann's:*  
**Fr. Bayer retires after  
20+ years of service**

**Kearney students  
build friendships  
with seniors**

**Music & Memory:  
Seeking iPods for  
St. Ann's residents**

**Adult Day Services  
provide quality  
daytime care**

**Donor Profile:  
Maureen McCoy**



**ST. ANN'S  
COMMUNITY**

*Full of Life*





## MESSAGE FROM THE PRESIDENT & CEO

*Spring is God's way of saying,  
"One more time!"* – Robert Orben

Although our winter was mild, it's still a pleasure to welcome the return of spring! Whether you're most excited about the flowers in bloom, the warmth of the sun, or the start of baseball season, there's a lot to be happy about this time of year.

The month of May, in particular, is one to celebrate. It's Older Americans Month, a time when we acknowledge the perennial contributions of older adults to our nation.

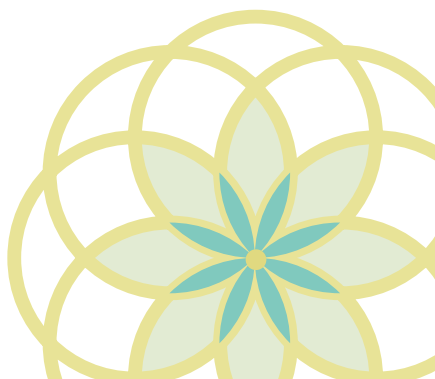
Here at St. Ann's, we recognize those contributions every day. When we say we are Caring for the Most Important People on Earth, we truly mean it. The lives and life stories of our residents remind us of the trails they've blazed and the positive impact they have on our lives every day.

Older adults are a growing and increasingly vital part of our country. In 1963, when our nation began observing Older Americans Month, only 17 million Americans had reached their 65<sup>th</sup> birthday. Today, that population is over 45 million!

Likewise, St. Ann's Community plays an increasingly vital role. By offering a full spectrum of housing and health care services, we're working to meet the ever-evolving needs of older adults in greater Rochester. From independent retirement living to assisted living and skilled nursing...from transitional care to adult day services and more... St. Ann's is committed to helping our seniors live happy, healthy, fulfilling lives.

As you enjoy the beauty of spring, take a moment this month to thank an older adult for the special contributions he or she makes to your life. And if you happen to *be* an older adult, our hats are off to you! You help make St. Ann's Community a wonderful place to live, work and volunteer.

*Michael E. Moore*



## *Swingin' into Spring*

Jazz was in the air at St. Ann's in April as we celebrated Jazz Appreciation Month! Kicking things off was Rochester's Jazz Legacy Duo, brothers Karl (sax) and Erik (piano) Stabnau. The duo got residents and staff swinging with the music of Cole Porter, including "I Get a Kick Out of You" and "I've Got You Under My Skin." The celebration continued throughout the month with performances by Standard Time and the Music Makers Band.



## *We Got the Beat*

Chapel Oaks residents Ray Borg and Pete Tierney (below) participate in a drum circle that included more than 20 of their fellow residents. Led by the music organization Rhythm Connect, the residents kept time with a variety of rhythm instruments—shaking, thumping, and getting into the groove. Not only is drumming a good physical and social activity, it's great for the mind and the spirit...and just plain fun!





## *New Perspectives:* **St. Ann's Residents, Kearney Students Share Stories, Build Friendships**

Getting up every morning to milk the cows...growing up without TV...remembering when Franklin Roosevelt was president and Bing Crosby was on the radio.

Few children in grades 6 and 7 today can relate to those experiences. But thanks to residents of St. Ann's Home, students from Bishop Kearney can.

The students and seniors have been meeting monthly to share stories and get to know each other. Through one-on-one conversations, they're discovering each other's likes, dislikes, dreams, and life experiences. Both parties are learning a lot, including things they have in common despite the age difference. (Favorite colors and ice cream flavors seem to know no generational bounds!)

"Having such intimate discussions gives our seniors a means to share their stories and life lessons and allows the students to learn from a generation different than their own," says Triciajean Jones, Manager of Recreation Therapy

for St. Ann's Community. "You can see the genuine happiness on both the seniors' and students' faces as they spend time together."

"The most popular feeling is, 'I loved it and I want to go back,'" says Patty Maronian, Literacy Specialist at Bishop Kearney. "Our teachers had the students write about it in detail. Their perspectives were priceless."

The students and seniors are now working on a joint art project

that will build on their budding friendships.

St. Ann's Community and Bishop Kearney have been partners for over 20 years, providing meaningful intergenerational programs to students and seniors alike.



### **BK students on their visits with St. Ann's residents:**

*"I really can't wait to go again because since they have lived for a long time they have many things to tell us about. It was very interesting hearing about the things they liked to do when they were our age. I enjoyed listening because some of the stories they shared were funny too."* (Gianna, grade 7)

*"I was surprised at some things I learned, like how one of the seniors had played video games before and one had traveled all over the world."* (Jessi, grade 7)

*"When it was time to leave, one woman looked at me as if I were her own and told me things I can do with knowledge. She inspired me to stick with my math passion. I left with a smile on my face and a great feeling in my heart."* (Saniaa, grade 7)



# Father Bayer, the Face and Heart of St. Ann's, Is Retiring

*"Well done, good and faithful servant." Matthew 25:21*

Start a conversation about St. Ann's Community and without fail, you'll hear an inquiry about Father Peter Bayer. Quickly, these conversations turn into stories about Father Bayer's compassion, his amazing ability to remember names, and his kindness.

It's not surprising that Father Bayer and St. Ann's have become synonymous across our community. With more than 20 years of service and thousands of seniors and families served, Father Bayer is the face *and* heart of St. Ann's.

On June 1, Father Bayer will retire as our Pastoral Care Director and Chaplain. While he will be leaving his leadership role, he is not leaving St. Ann's.

"We are grateful that Father Bayer will continue to serve our seniors as one of St. Ann's Retired Priests in Residence, living at Chapel Oaks," says Michael E. McRae, President & CEO of St. Ann's Community. "He'll have a much less demanding schedule, but we're not sure if he can actually slow down. He is one of the hardest working leaders we have on our team."



## Rochester Roots

Father Peter Bayer was born in Rochester and ordained a Roman Catholic Priest in 1971. Prior to joining St. Ann's in 1992, he enjoyed a variety of ministry assignments including U.S. Army Chaplain; directing the Interdenominational Ecumenical

✿ *"We have all been blessed by Father Bayer's extraordinary qualities of grace and kind-heartedness."*

— Michael E. McRae, President & CEO, St. Ann's Community

program; responding to massive flooding caused by Hurricane Agnes in Corning/Painted Post, New York; and serving as the Chancellor of the Roman Catholic Diocese of Rochester and Pastor of St. Margaret Mary's Church.

His legion of supporters are universal in their affection and praise.



"Father Bayer is the most kind, compassionate, warm, loving priest I have ever known," said Adelaide Goldman, a longtime Extraordinary Minister of Holy Communion and volunteer at St. Ann's. "He has a remarkable ability to recall a person's wedding date, name of spouse, children's names, favorite sports team—when they arrived at St. Ann's, and all that occurred in between."

This gift of recall gives him an amazing ability to deliver homilies without the aid of notes. And without exception, Father Bayer is praised for his poignant and personal funeral services.

## 'A Humble and Spiritual Person'

Jacqueline Riley, a long-time resident of Chapel Oaks, says Father Bayer is a comforting presence.



*Father Bayer, cont'd.*

"Before coming to St. Ann's, I had the opportunity to reside at several other senior communities. When I moved to Chapel Oaks, I finally felt like I was home because of Father Bayer. St Ann's is blessed to have such a humble and spiritual person."

"At the heart of St. Ann's mission is a deep commitment to our Catholic faith," notes CEO Michael McRae. "Father Bayer is the embodiment of this commitment. He is truly a servant leader who brings compassion and a personal dedication to those he serves."

Speaking for the Board and all of our employees and volunteers, Michael adds, "We have all been blessed by Father Bayer's extraordinary qualities of grace and kind-heartedness."

At the end of every conversation with Father Bayer, you will hear these words that we now extend to him: "Many Blessings!"



Join us for a  
**Mass of Celebration  
to honor  
Father Peter Bayer**  
upon his retirement as  
Director/Chaplain  
at St. Ann's Community

—  
**Mass at St. Ann's Chapel  
June 2nd at 2:00 p.m.**  
Followed by a reception in the  
main lobby of St. Ann's Home



## Living Life to the Fullest



*By Father Peter Bayer*

Over the years, this column in the *Spirit* has presented the theme of change and transition, especially in one's spiritual growth.

After providing almost 25 years of priestly service to St. Ann's Community, I will be retiring from the people that I love so much in June 2016.

On a personal note, I will do so with all the emotions you might expect, including:

- ✠ Sadness that the privilege of serving our residents/patients/participants, family members, staff, volunteers and friends of this wonderful health care community has almost come to an end. I hope that the Lord will smile on the work that we have accomplished together.
- ✠ Anticipation about the journey God will take us on in the years ahead. I will embrace this new phase of my life with a happy spirit. I look forward to a time for more rest, reflection and prayer, which will be a blessing indeed.

I am mindful, too, that these last 25 years are not just about me by any means. I would be remiss if I didn't mention the immense gifts/talents that our Board of Directors, Senior Administrators, staff and volunteers have brought to our community.

I must also mention the sacrificial gifts, talents, time and

energy that the people of the Department of Pastoral Care have brought to St. Ann's: Rose Callea, Dawn Chmiel, Fathers Al Delmonte and Bill Donnelly, Sister Gertrude Erb, Father Ed Golden, Deacon Daniel and Sheila Kinsky, Father Charles Latus and Sister Livia Ruocco. The Department of Pastoral Care Volunteers also have tremendously enhanced our ministerial service. Thanks to all of you!

A word about the future: I want you to know that Sister Mary Lou Mitchell has been selected as the new Director of Pastoral Care beginning in June. Sister Mary Lou has been the President of the Sisters of St. Joseph of Rochester, serving two terms as their President. She also served several terms as a member of St. Ann's Board of Directors and holds a Doctorate in Nursing. She will provide great leadership to St. Ann's Community. Welcome!

As for me, I will live on the campus of St. Ann's at Chapel Oaks and serve as a part-time Priest Chaplain in Residence. I look forward to this role.

I will keep you in my prayers for your good health, peace, holiness and success in your every endeavor to be radically open to God's Spirit and each other's dreams as we continue our journey of faith. I also appeal to you for a place in your prayers.

*Peace and Love!*

# Adult Day Services Provide Care for Seniors, Respite for Caregivers

By Rola O'Meally  
Director, Adult Day & Dementia Services

St. Ann's Adult Day Services has been providing quality daytime care for older adults for over 25 years. We are proud to be both internationally accredited and highly recommended by our local referring agencies.

Adult Day Services allows seniors to continue living in their homes as long as possible, offsetting long-term care placement, while maintaining their independence and enhancing their quality of life. With three locations, we are a cost-effective choice for quality senior care during the workday and a well-deserved respite for caregivers.

To help our seniors maintain their independence, we emphasize:

- Eating healthy.
- Exercising for stability.
- Taking medications as prescribed.
- And most of all being engaged, thus stimulating the mind, soul and body.

Caregivers: Please remember you are not alone. We are here to help you navigate through the health care system. And we give you the peace of mind of knowing your loved one is in a safe, friendly community setting while you go about your daily responsibilities.

Please take advantage of the complimentary coupon below. It allows your loved one to engage in fellowship and see what we do best with our seniors in a loving and caring environment. We are driven by quality care and customer satisfaction provided by a skilled and compassionate staff.



We invite you to call us at one of the phone numbers below. We look forward to hearing from you!



## You are not alone.

St. Ann's Adult Day Centers provide quality supervision, socialization, recreation, and support services to older adults and persons with disabilities.

We also offer a monthly support group for caregivers.



## St. Ann's Adult Day Services

Are you currently caring for a senior? St. Ann's Adult Day Services provide social opportunities for seniors as well as a needed break for family caregivers. Please join us for a FREE visit at one of our three conveniently located adult day centers.

### Complimentary Free Visit Coupon<sup>T</sup>

Please call for information and to schedule your visit:

Home Connection • 1500 Portland Avenue, Rochester • 585-697-6361

Home & Heart at the Cathedral • 287 Flower City Park, Rochester • 585-697-6086

Home & Heart • 696 Ridge Road, Webster • 585-697-6087

[www.stannscommunity.com](http://www.stannscommunity.com)

This coupon entitles you to one free day including lunch if criteria are met. Limit one coupon per family.





## Meet Chapel Oaks Resident Robert Lopiano

Seventy-two years ago, Chapel Oaks resident Robert Lopiano enlisted in the U.S. Army Air Corps.

"It was a week before my 21<sup>st</sup> birthday," he recalls.

A tailgunner on a B-17, he flew 25 missions including 11 over France. It was service that the French government never forgot.

Mr. Lopiano, now 93, was awarded the Legion of Honor medal from the French Consulate in a ceremony held at Chapel Oaks in December.

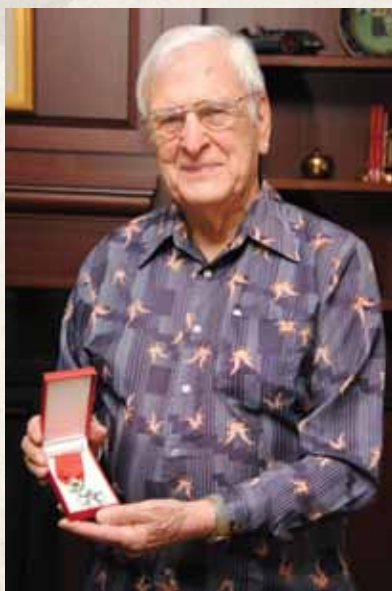
"I guess they felt we did a great job," he says modestly. The ceremony was attended by his son Chris as well as staff and fellow Chapel Oaks residents, "including my pinochle buddies," he says.

After two uneventful missions ("It was like being in a Clark Gable movie"), the third brought things back to reality.

"We learned what fighters and flak meant," he says, referring to German anti-aircraft fire.

It was a hard lesson. Of the 100 men in Mr. Lopiano's squadron, only 17 reached the mark of 25 missions.

"What saddens me is all the guys who are gone who deserve this medal," he says.



A retiree of General Motors and a former resident of Greece, Mr. Lopiano began looking for an apartment last year. He and his son shopped around before choosing Chapel Oaks.

"Other places, the money didn't fit the advantages," he said. "I love my apartment here, and the staff are very accommodating," he says. "Everyone, the staff and the people who live here, always have a 'Good morning' or a 'How are you?' for you. It's like one big family."

Mr. Lopiano still drives himself to local appointments but enjoys Chapel Oaks' group trips to Wegmans. "I pick up some odds and ends, and some scratch-off tickets."

He also enjoys his weekly card game, the musical entertainment, and his neighbors.

"We like to talk about the old times," he says. Which in his case includes military service that is still appreciated across the Atlantic.



## Welcome and Congratulations!

St. Ann's Community is proud to announce the following employee news:

### Rene Barnes

is the new Administrator of St. Ann's Care Center. Rene is responsible for overseeing all day-to-day operations at St. Ann's Care Center, the skilled nursing facility on the Cherry Ridge campus in Webster. A



resident of Greece, she previously worked for Episcopal Senior Life Communities as Director of Community Programs.

### Elizabeth Tomaszczuk

was promoted to Chief Nursing Officer for St. Ann's Community. Elizabeth

oversees all day-to-day functions of the Nursing Department at St. Ann's Home, the Wegman Transitional Care Center, and St. Ann's Care Center at Cherry Ridge. A resident of Webster, Elizabeth has worked at St. Ann's for 27 years, starting as a Certified Nursing Assistant (CNA). Most recently, she was the Administrator of St. Ann's Care Center.





## WANTED: iPods for St. Ann's Residents

Music has been called the soundtrack of our lives.

It can transport us to a different place and time, or bring back memories of days long since passed. And that connection can last a lifetime.

That's the premise behind Music & Memory<sup>SM</sup>, a program that helps seniors experiencing cognitive challenges to reconnect with the world through music-triggered memories.



St. Ann's Community is now a certified Music & Memory facility, one of the few in upstate New York. Residents will have access to iPods individually prepared for them with a playlist of their favorite songs.

"They'll be able to reminisce, relax, and make emotional connections through the power of their favorite songs," says Jenna Carson, Music Therapist for St. Ann's Community.

Beloved music is often associated with important personal events and can trigger memories of those



*St. Ann's resident Ardis Nerby harmonizes with Music Therapist Jenna Carson to songs from her personalized iPod playlist. Ardis's favorites include "God Bless America" and "Let Me Call You Sweetheart."*

events. Even for people with severe dementia, music can tap into long-forgotten memories.

St. Ann's has launched the Music & Memory program on a limited basis but is in need of more iPods for residents.

"We're seeking donations so that more of our residents can make those musical connections," Carson says.

*For more information, visit our website, [www.stannscommunity.com](http://www.stannscommunity.com), or call St. Ann's Recreation Therapy office at 697-6424.*

## Donate an iPod

**WHAT:** New or gently used iPods, any model including the basic iPod Shuffle. iTunes gift cards also welcome.

**WHERE:** Drop them off at the concierge desk at St. Ann's Home or Wegman Transitional Care Center, 1500 Portland Ave., or St. Ann's Care Center on the Cherry Ridge Campus, Webster.

**WHEN:** Now through June 30, 2016.

## Volunteer Services *At Your Service!*

"Thank you" is what we always say to our volunteers, so it's pretty cool when volunteers tell us "Thank you, it's an honor to be of service."

- ☼ "Residents thank us every Sunday for helping them get to Mass. It's truly an honor to help the most important people on earth."  
— Tim and Carol Kester, adult volunteers, Cherry Ridge

- ☼ Pat Stokes and Maureen Drew love helping customers in the gift shop at St. Ann's Home. "The staff at St. Ann's is so nice, and they really love those smoothies!"



- ☼ "I enjoy spending time with residents and look forward to seeing them every week!"  
— Lauren Gardner, high school student and volunteer, Cherry Ridge

- ☼ Nora Marchese volunteers at Cherry Ridge at least once a week bringing in homemade treats for resident social gatherings or helping with Sunday church services. "I like putting a smile on people's faces and getting a hug from them once in a while!"

- ☼ Maddie DiChairo, Sister Mary Ann Sutera and Jean Jablonski are generous with their time. Maddie





# Two Mayors, One Community

*Former political partners/rivals enjoy life at Cherry Ridge*

Not many people can say they have a mayor as their neighbor. Residents of Cherry Ridge, however, can say they have two.

Jack Judge and Wilbur “Deke” Beh both once held the title of mayor of the Village of Webster. Today, both live at Cherry Ridge.

“Jack was my campaign manager when I first ran for village trustee back in 1969,” says Mr. Beh. “We’ve had a connection ever since.”

Mr. Beh was village mayor from 1993-2001 and Mr. Judge from 2005-2007. Both were active in village politics for years, even running against each other once for a seat on the village board. But that rivalry was brief, and the two have long held each other in high esteem.

And they stayed in touch through the years. Mr. Judge was a successful salesman, selling ties for the popular Loper brand. Mr. Beh had a career in finance, eventually becoming president of First National Bank of Rochester.

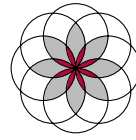
“Jack would bring me a couple of ties and see if he could get a better rate on cds,” Mr. Beh says with a laugh.

Both are glad to still be part of the Webster community, and Cherry Ridge in particular.

Mr. Judge, 88, can be seen walking just about every day, enjoying the trails on the grounds. When asked how far he walks, he replied, “Til I feel like stopping.” He also keeps fit with regular riding of his exercise bike.

Mr. Beh, 87, and his wife Barb like taking advantage of the complimentary transportation. They recently went with a group to see the movie “Miracles from Heaven” and enjoyed lunch at Red Fede’s Brook House.

“There’s always something going on,” says Mr. Beh. “Lots of activities to choose from.”



**ST. ANN'S**  
COMMUNITY  
*at Cherry Ridge*



*Deke Beh and Jack Judge, both former Webster village mayors, have been friends for decades.*

They also like the fact that there’s Mass every day, something that’s always been a part of their life.

“I’ve lived in Webster since 1936, and I wanted to stay here,” he says of their decision to move to Cherry Ridge in 2015. “Barb and I never thought we’d find ourselves in an apartment, but we’re very happy here.”

And from their apartment, they can see Deke’s old friend Jack on his morning strolls, a reminder that in Webster, life is still worth living.

provides clerical support to the Pastoral Care office. Sr. Mary Ann is a communion visitor while Jean visits patients in the Wegman Transitional Care Center twice a week. Says Jean, “The patients are busy with therapy, they’re tired and sometimes discouraged. If I can be a listening ear, ease their mind or share a laugh, it seems to lift their spirits... and mine, too.”



Joan Osterhout comes to St. Ann’s Home every Tuesday and does everything from transporting residents to and from Mass, to friendly visits in their rooms. “I love the people and I like to give back in some way if I can. I hope the residents get as much out of it as I do.”



St. Ann’s Community enjoys the company of many wonderful volunteers. We truly appreciate everything you do! And we’re always looking to add more generous, kind souls to our team.

Volunteer opportunities are always available. To find out more, call 697-6523 for St. Ann’s Irondequoit campus or 697-6727 for Cherry Ridge, Webster.





# GIVING

An update from St. Ann's Foundation

## TO THE MOST IMPORTANT PEOPLE ON EARTH



*Maureen McCoy  
and Bill Mendick*



### NEED TO REACH US?

Phone: (585) 697-6321

Fax: (585) 342-5679

[foundation@MyStAnns.com](mailto:foundation@MyStAnns.com)

[www.StAnnsCommunity.com/giving](http://www.StAnnsCommunity.com/giving)

St. Ann's Foundation

1500 Portland Ave.

Rochester, NY 14621

### DONOR PROFILE

## MAUREEN MCCOY



For Maureen McCoy, it's about continuing the Catholic tradition of excellence in care and services. In her own words, she shares her St. Ann's story...

### Continuing the Tradition

It's hard to believe that St. Ann's has been a part of my life for 52 years. My earliest memories are coming to 'The Home' with my mother and grandmother to visit family and friends. More than the visits I remember stopping first in the Chapel to pray. I couldn't help think the shorter pews were the perfect fit for my small family. From the beginning, St. Ann's has always *felt right*.

St. Ann's has evolved since then, but the *fit* is still there. Now, it's so much more than a Nursing Home. I myself have not once, not twice, but three times been a recipient of rehabilitation services. I can't say enough about the excellent care I received. Each time I was able to return home to do all the things I love. (The retail therapy provided by the on-site gift shop may have helped in my speedy recovery - not something that was here when grandma came to visit.)

Several years ago I started to volunteer to decorate St. Ann's

beautiful marble altar during the holidays. It's something I just love doing and I know it brings joy to all those who attend Mass.

*"From the beginning,  
St. Ann's has always  
felt right."*

About that same time, my good friend, Jackie DeMaria, invited me to attend a cooking demonstration she was hosting to raise funds for Annie's Angels. I was hooked! Since then, Bill and I have financially supported St. Ann's each year; we've attended great special events, given to the annual appeal, and made special gifts to honor the faithful service of Father Peter Bayer. We see first-hand how our gifts are being put to good use.

Sitting in the Chapel I reflected on how blessed my life has been. I wondered if there was something more that I could do to help others. St. Ann's has brought such comfort to me and my family that I couldn't think of a better gift than to help make sure it continues for future generations. With the stroke of a pen, I added St. Ann's as a beneficiary to one of my retirement policies and joined the Tree of Life.

Just as that shorter pew felt right for my family all those years ago, the decision to include St. Ann's in my estate plans was the *right fit* for me.





## OUR RESIDENTS ARE IN WITH THE ART CROWD!

Who said you have to be *Monet* to have your art displayed?

Just ask Helen – one of our Cherry Ridge residents! This past June, her piece was displayed among thousands of artworks that were made and donated by celebrities, international and local artists, designers, fellow St. Ann's residents, and a variety of individuals at all stages of life.

Each year, our Recreational Therapy department looks for new ways to give our seniors opportunities to enjoy their favorite hobbies and pastimes. When they learned of Rochester Contemporary Art Center's (RoCo) international 6x6 Art Exhibit, they thought it might be a good fit and a chance for some of our seniors to get creative. Right away, Helen jumped on board and was followed by eleven others who submitted their own 6x6 masterpieces.

When it comes to helping our seniors enjoy life to the fullest – we find a way to make it happen! Our **Person-Centered Care Fund** is a much-needed resource that we use for opportunities like this. Not only were we able to purchase the needed art supplies – we got our residents to the exhibit and paid for their admission.

"The best part is seeing the smiles on their faces when they enter the gallery and see THEIR artwork," shared Triciajean Jones, Recreation Therapy Manager at St. Ann's. "That says it all!" This year's show will be kicked off at the RoCo Gallery on June 4th where you will be able to purchase any of the artwork through July 17th.

St. Ann's staff members are able to create moments like these because they have access to the donor-supported Person Centered Care Fund. And it's moments like these that better the lives of *the most important people on earth.*

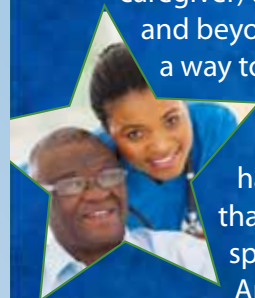


*"Life is not measured by the number of breaths we take, but by the moments that take our breath away."*

– Maya Angelou

## WHO IS YOUR ST. ANN'S STAR?

Was there ever a time when you were visiting 'Mom' at St. Ann's and thought "Wow... 'Rachel' (her caregiver) always goes above and beyond"? Wish there was a way to say THANK YOU!?



Many families have wanted to say thank you in their own special way. Now, St. Ann's Foundation has

created an easy way to do just that: *St. Ann's STAR program.*

For a donation in the amount of your choice, we will recognize your STAR *and* you'll be supporting the employee scholarship fund at the same time. It's a win/win! Brochures can be found on each floor or you can contact Debbie Bleier in the Foundation office at 585-697-6516 for more information.







## ASK AN ATTORNEY

### Nicole Marro

Attorney at Law  
Bond, Schoeneck & King PLLC

### Q. What is the difference between a Power of Attorney and a Durable Power of Attorney?

A. A **Power of Attorney** is a legal document that authorizes someone to act on your behalf – your agent. You can authorize your agent to do things such as sign checks and tax returns, buy or sell real estate, enter into contracts, deposit or withdraw funds – most financial or legal actions that you would normally do yourself. It can be broad or limited. Your agent's authority ends under a Power of Attorney when its purpose is fulfilled, upon a specified date, upon your incapacity, or death. An agent under a Power of Attorney cannot make medical decisions for you.

A **Durable Power of Attorney** functions similarly. However, the relationship remains effective even if you become incapacitated. If incapacity should strike you, your agent can maintain and manage your financial and legal affairs throughout your incapacity until you are able to do so again. An agent on a Durable Power of Attorney can protect against

financial loss and help meet the needs of your family. Without a properly drawn Durable Power of Attorney, a legal guardianship and court involvement may be necessary. A Durable Power of Attorney lasts until you revoke it in writing or until your death.

A Durable Power of Attorney is a relatively straightforward document that can be critical in the event of incapacity. You should consider signing a Durable Power of Attorney long before you begin having trouble handling the financial and legal aspects of life. Of course, it is essential to choose your agent(s) wisely and to discuss the scope of the responsibility. You can revoke or revise a Durable Power of Attorney at any time, as long as you have the legal capacity to do so.

Please contact Carol O'Neal, Senior Development Officer, at (585) 697-6338 or [CONeal@MyStAnns.com](mailto:CONeal@MyStAnns.com) with questions or for additional information.

*This information should not substitute for obtaining legal advice from your attorney.*

## DO YOU HAVE A PLAN FOR THE FUTURE:

### DOWNLOAD YOUR FREE WILLS GUIDE

Visit: [www.mystannns.giftlegacy.com](http://www.mystannns.giftlegacy.com)



## LIFE & LEARNING CENTER UPDATE: ON TO THE NEXT PHASE...

Now that *Flower's Café* is open and our Resident Enrichment Center (above) is in full bloom, it's time to update the Bishop Kearney Auditorium and build the long-anticipated Learning Center. "Why do we need it and how will it benefit the residents?" you ask. Let's see what Kimberly Ziegler, St. Ann's Director of Education, has to say...

### Q: Why is there this great need for employee educational space?

**A:** For adult learners, the environment can have a huge impact on whether or not 'learning' occurs. We need space to move around, room for small group activities, and it needs to be equipped with appropriate technology. In addition, there are so many skills that our nursing staff needs in order to care for our residents. We need a lab setting that provides a simulated environment for them to practice new skills before they care for people.

### Q: Will it raise the quality of resident care to the next level?

**A:** Of course! Employees will be better equipped to care for complicated medical situations. An increased skill set will also have an impact on keeping residents out of the hospital which can sometimes have detrimental effects on our seniors.

### Q: How will these enhancements make St. Ann's stand out from others?

**A:** While high-tech environments are common in acute care and academic settings, they are not as common in the long-term care arena. This new center will help us recruit as well as retain employees. It shows staff that we are willing to invest in THEM!

The project – which will open for business in late July – is completely donor-funded. "Thank you, thank you, thank you ..." reacts Kim. "I am very passionate about education and I want to be able to provide quality professional-level education that will enhance the care we give to the *most important people on earth*."



## Putting the Pieces in Place

*An informative series on life planning.*

### SAVE THE DATE

June 23, 2016 | 1:30–3:00pm  
The Oak Room at Chapel Oaks

Even in the most open families, conversation falls silent when the topic of death or money is introduced.

Let our panel of experts help you find your voice

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*These individuals have recognized the importance of St. Ann's mission to serve the elderly and generously included St. Ann's in their estate plans.*



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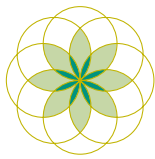
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