

Prayer for Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come spiritually into my heart. I embrace You and unite myself wholly to You. Never permit me to be separated from You.
Amen.



Ash Wednesday Services

**10:30 AM Mass
with Ash Distribution**

**12:00 PM Brief Service
with Ash Distribution**

Join Us for the Stations of the Cross

Wednesdays after 10:30AM Mass Starting Feb. 25th

Fridays at 6:15PM Every Week Except Good Friday

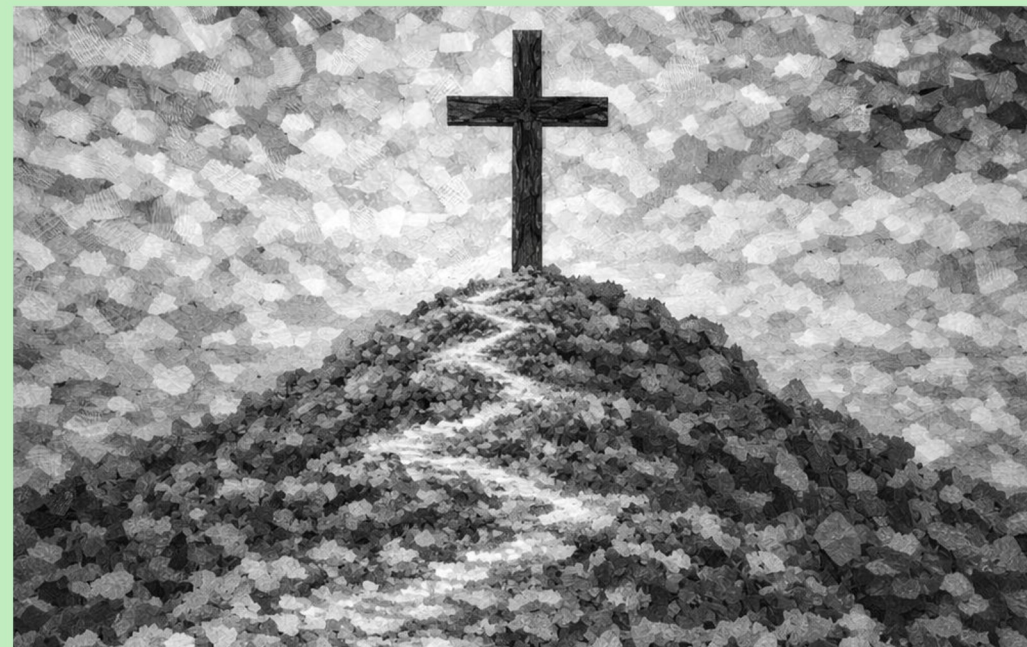
Please note there is no transport for skilled nursing residents on Friday evenings



**ST. ANN'S
COMMUNITY**

The Walter and Barbara Parkes Family Chapel at St. Ann's Community

**St. Ann's Home
Wegman Care Center
Leo Center For Caring
Chapel Oaks
Home Connection**



*What eye has not seen, and ear has not heard,
and what has not entered the human heart,
what God has prepared for those who love him.*

Pastoral Care Team

**Rose Callea, Director (585) 697-6446
Monika Karna, Administrative Coordinator (585) 697-6482
Jack Ruppert, Spiritual Care Advocate (585) 697-6447
Sr. Karen Dietz, PT Pastoral Care Coordinator (585) 697-6448
Jennifer Abdalla, Per diem Pastoral Care Coordinator**

**Reverend Albert Delmonte
Reverend William Donnelly
Reverend Dan Holland**

The Walter and Barbara Parkes Family Chapel at St. Ann's Community

CELEBRATION OF THE EUCHARIST
WEEK OF FEB 15TH, 2026
All Chapel Services can be viewed on Channel 2493.

Sat. (Feb. 14th) Anticipated Mass for the Last Sunday in Ordinary Time
4:00 PM Marge Lortie— St. Ann's Angels

Sun. (Feb. 15th) Sixth Sunday in Ordinary Time
10:00 AM Joan Frazier—Dan & Pauline Walsh

Mon. (Feb. 16th) Weekday in Ordinary Time
10:30 AM Rev. John B. Crowley

Tues. (Feb. 17th) Weekday in Ordinary Time or The Seven Founders of the
10:30 AM **Servite Order**
Rev. John B. Crowley

11:30 AM Ecumenical Service

Wed. (Feb. 18th) Ash Wednesday
10:30 AM Marge Lortie—St. Ann's Angels

12:00PM Brief Service with Distribution of Ashes

Thurs. (Feb. 19th) Thursday after Ash Wednesday
10:30 AM The Intentions of Barbara Fredericks—Friend

Sat. (Feb. 21st) Anticipated Mass for the First Sunday of Lent
4:00 PM Grace & Joseph DelVecchio, Sr. —Deb & Michael Schauseil

Sun. (Feb. 22nd) First Sunday of Lent
10:00 AM Joseph DeMaria—Family

Dear Friends,

This week we celebrate Ash Wednesday, the first day of the season of Lent. In this season, we prepare ourselves to celebrate the high point of our Christian life, Easter. Each year, the readings for Ash Wednesday are the same. They call us to a change of heart and teach us about the traditional Lenten practices of prayer, fasting, and almsgiving. These disciplines are to be part of the Christian life during every season, but during the season of Lent, we renew our commitment to them.

What is almsgiving? Almsgiving, or giving alms, is helping people who are in need. We help by giving what we can. We also help with our time and talents.

The second practice that Jesus talks about is prayer. This one seems easy to understand. Jesus says we should not pray for the sake of appearances. During Lent, we are asked to make a special effort to have a life of prayer and to improve our prayer lives.

The third practice is fasting or giving up something. What kind of fasting is Jesus talking about? During Lent, we may choose to give up certain kinds of food. We don't eat meat on Ash Wednesday or on Fridays during Lent, for example. We are also asked to fast on Ash Wednesday and Good Friday. Lent is a good time to fast from habits that we would like to change too, such as gossiping.

Jesus reminds us that whenever we give alms, pray, or fast, we should do so cheerfully and without making a show of our behavior.

Prayer, fasting, and almsgiving are not ends in themselves, but means by which to grow in humility and love for others.

Have a Blessed Lenten Journey ~ Rose