

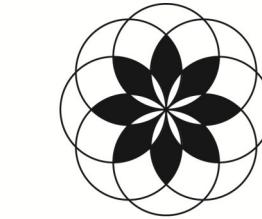
Prayer for Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come spiritually into my heart. I embrace You and unite myself wholly to You. Never permit me to be separated from You. Amen.

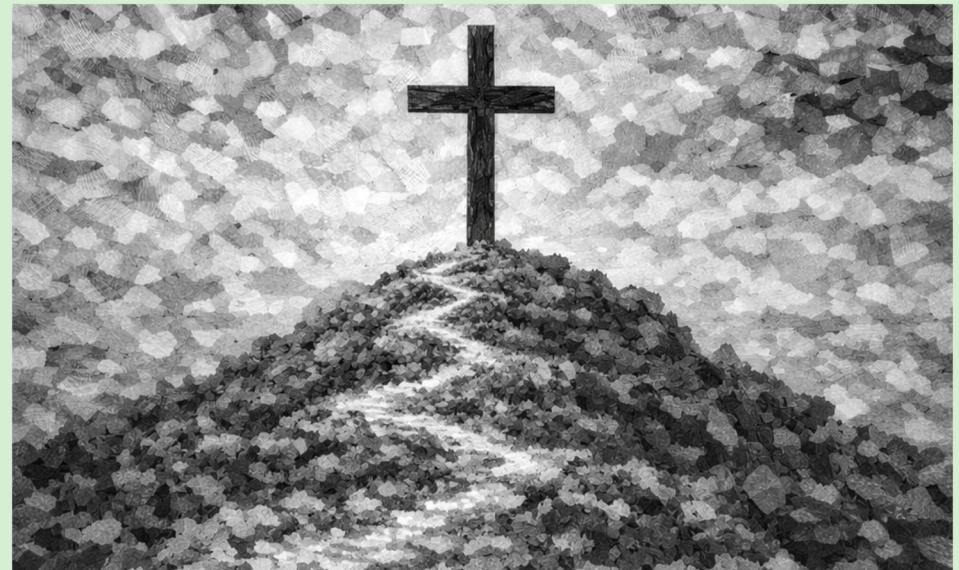


Ash Wednesday Service

10:30 AM Mass
with Ash Distribution



ST. ANN'S
COMMUNITY
at Cherry Ridge



*What eye has not seen, and ear has not heard,
and what has not entered the human heart,
what God has prepared for those who love him.*

Join Us for the Stations of the Cross

Wednesdays after 10:30AM Mass

Starting Feb. 25th

Pastoral Care Team for Cherry Ridge

Rose Callea – Pastoral Care Director	697-6446
Monika Karna – Administrative Coordinator	697-6482
Jack Ruppert – Spiritual Care Advocate	697-6447
Sr. Karen Dietz – Part-Time Past. Care Coordinator	697-6448
Jennifer Abdalla – Per diem Past. Care Coordinator	
Father Ted Auble – Resident Priest Chaplain	
Father Peter Bayer – Resident Priest Chaplain	
Deacon Mark Bovenzi	



Celebration of the Eucharist
Week of February 15th, 2026

Sat. (Feb. 14th) **Anticipated Mass for the Sixth Sunday in Ordinary Time**

4:00 PM Jacqueline E. Riley—
Anne A. Riley-Hill & Family

Sun. (Feb. 15th) **Sixth Sunday in Ordinary Time**

11:15 AM John Borgeson—Mary Mason

Wed. (Feb. 18th) **Ash Wednesday**

10:30 AM Rev. John B. Crowley

Sat. (Feb. 21st) **Anticipated Mass for the First Sunday of Lent**

4:00 PM Rev. John B. Crowley

Sun. (Feb. 22nd) **First Sunday of Lent**

11:15 AM Rev. John B. Crowley

Dear Friends,

This week we celebrate Ash Wednesday, the first day of the season of Lent. In this season, we prepare ourselves to celebrate the high point of our Christian life, Easter. Each year, the readings for Ash Wednesday are the same. They call us to a change of heart and teach us about the traditional Lenten practices of prayer, fasting, and almsgiving. These disciplines are to be part of the Christian life during every season, but during the season of Lent, we renew our commitment to them.

What is almsgiving? Almsgiving, or giving alms, is helping people who are in need. We help by giving what we can. We also help with our time and talents.

The second practice that Jesus talks about is prayer. This one seems easy to understand. Jesus says we should not pray for the sake of appearances. During Lent, we are asked to make a special effort to have a life of prayer and to improve our prayer lives.

The third practice is fasting or giving up something. What kind of fasting is Jesus talking about? During Lent, we may choose to give up certain kinds of food. We don't eat meat on Ash Wednesday or on Fridays during Lent, for example. We are also asked to fast on Ash Wednesday and Good Friday. Lent is a good time to fast from habits that we would like to change too, such as gossiping.

Jesus reminds us that whenever we give alms, pray, or fast, we should do so cheerfully and without making a show of our behavior.

Prayer, fasting, and almsgiving are not ends in themselves, but means by which to grow in humility and love for others.



Have a Blessed Lenten Journey ~ Rose