

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>March</h1>		<h2>Chapel Oaks 2025 Calendar</h2>		Chapel Oaks Front Desk 585-697-6600 ** All highlighted items require advanced sign up **	Marie's Bar & Bistro: Thurs & Fri 4-6pm	
2 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie: <i>Out of Africa</i> 6:30 Chit Chat Circle	3 9:30 Chair Aerobics 10:30 Banking Shuttle 11:00 Rosary for Peace 11:30 Office Time w/ Father Boyle 1:30 Appointed Resident Council 2:30 Food Council 2:30 Wegmans 3:30 Water Polo/Open Swim 6:45 Music w/ Kit Nelson	4 10:00 Aqua Fit 10:15 Tops 11:00 Blood Pressure Checks 11:15 Ecumenical Worship 2:00 Shop at Kohls 2:00 Wii Bowling 2:30 Travelogue w/ Christy: Paris 4:45 Mardi Gras Dinner Celebration 6:30 Euchre Night	5 10:00 Chair Aerobics 10:30 Open Swim 11:00 Wellness Wednesday: Paperwork Discovery 12:45 Brain Games 2:00 Ash Wednesday Mass 2:00 Pinochle 3:30 Indoor Putting 6:45 Bingo	6 10:00 Aqua Fit 11:30 Handy Crafters Club 1:00 Visit Ireland/Travelogue (Passport Stamp!) 2:30 Shop at Target 3:00 Garden Club Meeting 4:00 Humor Half Hour 6:30 Bridge Club	7 10:00 Wegmans- Culver/Ridge 10:30 Open Swim 11:30 Day in the Life of a Hummingbird 1:00 Mass 1:45 Bible Study 2:30 Shop at Whole Foods 3:00 Irish Craft w/ Emily 6:30 Euchre Night	8 10:15 Chair Yoga 11:00 Left, Right, Center 11:00 Indoor Walking Group 1:30 Open Swim 4:00 Mass on Ch. 28 10:15 Tai Chi 11:00 Pokeno 1:00 Intergenerational Conversations: Healing from Loss 1:30 Open Swim 4:00 Mass on Ch. 28
9 Daylight Savings 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie: <i>Meet the Parents</i> 6:30 Chit Chat Circle	10 9:30 Chair Aerobics 11:00 Rosary for Peace 11:30 Office Time w/ Father Boyle 1:00 Casa Larga Wine Tasting 1:30 Art with Stacy 2:30 Wegmans 6:30 Music w/ Tom & Peg	11 10:00 Aqua Fit 11:15 Spiritual Group 2:00 Wii Bowling 2:30 Ruth Naparstek: The Leaps of Sam Patch 4:45 Dinner in Ireland 6:30 Euchre Night	12 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 Wellness Wednesday: How to Outsmart Brain Fog 12:00 Lunch at Shamrock Jacks 1:30 Brain Games 2:00 Pinochle 6:45 Bingo	13 10:00 Aqua Fit 10:00 Shop at Aldis 11:00 Beth Brancato: Ireland 12:15 Lunch & Learn: Ramadan 2:00 Lilac City Strummers 3:00 Indoor Putting 4:00 Bistro Trivia 6:30 Bridge Club	14 10:00 Wegmans 10:30 Open Swim 11:30 Magazine Scavenger Hunt 1:00 Mass 1:45 Bible Study w/ Sr. Karen 2:30 Irondequoit Liquor 3:00 CO Chorus 6:30 Euchre Night	15 10:15 Balance Class 11:00 Indoor Walking Group: Scavenger Hunt 1:30 Open Swim 4:00 Mass on Ch. 28
16 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie: <i>Annie (Musical)</i> 6:30 Chit Chat Circle	Happy St. Patrick's Day! 9:30 Chair Aerobics 10:30 Banking Shuttle 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Broadway with Bob 2:30 Wegmans 4:30 St. Patrick's Day Dinner 6:30 Irish Dancers (Oak Room)	18 10:00 Aqua Fit 10:45 Ecumenical Worship At SAH Chapel 11:15 Spiritual Group 1:00 Jeopardy! 2:00 Wii Bowling 3:00 Rubinos 6:30 Euchre Night	19 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 Wellness Talk w/ Emily: Coloring & Music 1:15 Geva: Little Women 2:00 Pinochle 3:45 Happy Hour in Ireland 6:45 Bingo	20 9:00 Men's Breakfast 10:00 Aqua Fit 10:00 Intervol 11:30 Goodwill Vision Center OATS: Ai Disinformation 3:00 Indoor Putting 4:00 Dinner-Phillips European 6:30 Bridge Club	21 9:30 Reminisce 10:00 Wegmans- Culver/Ridge 10:30 Open Swim 11:30 Adult Coloring: Irish! 1:00 Mass 1:45 Bible Study 2:30 Irondequoit Library 3:00 CO Chorus 6:30 Euchre Night	22 10:30 Open Swim 4:00 Mass on Ch. 28
23 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie: <i>Erin Brockovich</i> 6:30 Chit Chat Circle	24 9:30 Chair Aerobics 10:00 Shop at Trader Joes 11:00 Rosary for Peace 11:30 Office Time w/ Fr Boyle 1:00 Balloon Volleyball 2:30 Wegmans 3:30 Monday Musings w/ Mindy	25 10:00 Aqua Fit 11:00 Greece Ridge Mall 11:15 Spiritual Group 2:00 Wii Bowling 2:30 Shop at Aldis 3:00 Book Club 6:30 Euchre Night	26 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 Wellness Wednesday: Sleep 11:30 Live at Hochstein 1:30 Brain Games 2:00 Pinochle 3:00 Spirit Spark: Monastic Way 6:45 Bingo	27 10:00 Aqua Fit 11:00 The Eden Experience 1:30 Cooking Demo: Cream Cheezy Cucumber Bites 2:30 Drama Club 2:30 Dollar Tree 3:00 Indoor Putting 4:00 Sipping Scholars 6:30 Bridge Club	28 10:00 Wegmans 10:30 Open Swim 1:00 Mass 1:45 Bible Study 2:30 Writer's Cafe 3:30 The Sound of Music w/ Marianna 6:30 Euchre Night	29 10:15 Chair Yoga 11:00 Indoor Walking Group 1:30 Open Swim 4:00 Mass on Ch. 28
30 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie: <i>Race- Jesse Owens</i> 6:30 Chit Chat Circle	31 9:30 Chair Aerobics 10:00 Shop at Walmart 11:00 Rosary for Peace 11:30 Office Time w/ Fr Boyle 1:30 Green Bingo! 2:30 Wegmans 3:30 Pool Volleyball/Open Swim	The Library Cart Every Tuesday from 10am-12pm come to the front desk to check out a book from the Rochester Public Library	Mass will be on Channel 28 at 10:30am Mon-Thurs	The events in GREEN will have a special sign up. More to come!	DIMENSIONS OF WELLNESS Physical Emotional Spiritual Environmental Vocational Social Intellectual Health Services Nutritional Purposeful	

