

Chapel Oaks NOVEMBER 2024 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Chapel Oaks Front Desk 585-697-6600</p> <p>** All highlighted items require advanced sign up **</p>	<p>The Library Cart Every Tuesday from 10am-12pm come to the front desk to check out a book from the Rochester Public Library</p> <p>Mass will be on Channel 28 at 10:30 am Monday-Thursday</p>	<p>Marie's Bar & Bistro: Wed-Fri 4-6pm</p> 	<p>DIMENSIONS OF WELLNESS</p> <ul style="list-style-type: none"> Physical Spiritual Vocational Intellectual Nutritional Emotional Environmental Social Health Services Purposeful 		<p>1</p> <ul style="list-style-type: none"> 9:30 Wegmans 10:30 Open Swim 1:00 Mass 1:45 Bible Study 6:30 Euchre Night 	<p>2</p> <ul style="list-style-type: none"> 10:15 Open Swim 11:00 Left, Right, Center Mass on Ch. 28 
<p>3</p> <ul style="list-style-type: none"> 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie 6:30 Chit Chat Circle <p>DAYLIGHT SAVINGS FALL BACK</p> 	<p>4</p> <ul style="list-style-type: none"> 9:30 Chair Aerobics 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Appointed Resident Council 2:30 Food Council 2:30 Wegmans 3:30 Monday Musings w/ Mindy 7:00 Music w/ Kit Nelson 	<p>5</p> <ul style="list-style-type: none"> 9:00, 9:30, 10:00 Shuttles to Vote 10:00 Aqua Fit 11:00 Blood Pressure Checks 11:15 Ecumenical Worship 1:30 Jeopardy! 2:00 Wii Bowling 3:00 Rubinos 6:30 Euchre Night 	<p>6</p> <ul style="list-style-type: none"> 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:30 CO Survey & Lunch 1:30 Brain Games 2:00 Pinochle 2:45 Ruth Naparsteck: Immigration 6:45 Bingo 	<p>7</p> <ul style="list-style-type: none"> 10:00 Aqua Fit 12:30 Lunch at Pub 235 2:00 Wellness Talk w/ Emily 2:30 Shop at Aldi's 3:00 Indoor Putting 4:00 Bistro Trivia 6:30 Bridge Club 	<p>8</p> <ul style="list-style-type: none"> 10:00 Wegmans -Culver 10:30 Open Swim 11:00 Register Online for Free Covid Tests 1:00 Mass 2:00 Norman Rockwell w/ Marianna 3:30 Writer's Cafe 6:30 Euchre Night 	<p>9</p> <ul style="list-style-type: none"> 10:15 Tai Chi 11:00 Games in the Oak Room 1:30 Open Swim 4:00 Mass on Ch. 28 
<p>10</p> <ul style="list-style-type: none"> 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie 6:30 Chit Chat Circle 	<p>Veteran's Day</p> <ul style="list-style-type: none"> 9:30 Chair Aerobics 10:15 Reminisce: Veteran's Day Discussion 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Art with Stacy 2:30 Wegmans 4:45 Veteran's Day Dinner 	<p>12</p> <ul style="list-style-type: none"> 10:00 Aqua Fit 10:15 Tops 11:30 A Gathering to Remember w/ Rose 1:00 Bingo 2:00 Wii Bowling 2:30 Broadway w/ Bob 6:30 Euchre Night 	<p>13</p> <ul style="list-style-type: none"> 10:00 Chair Aerobics 10:00 Mass Shuttle 11:00 Balloon Volleyball 11:30 Live at Hochstein 1:30 Brain Games 2:00 Pinochle 3:00 Cleveland Travelogue 6:45 Bingo 	<p>14</p> <ul style="list-style-type: none"> 10:00 Aqua Fit 11:30 Handy Crafters Club 1:00 November Craft 2:30 Shop at Target 3:00 Indoor Putting 4:00 Karaoke/Sing Along 6:30 Bridge Club 	<p>15</p> <ul style="list-style-type: none"> 10:00 Wegmans 10:30 Open Swim 1:00 Mass 1:45 Bible Study w/ Sister Karen 3:00 CO Chorus 3:30 Irondequoit Library 6:30 Euchre Night 	<p>16</p> <ul style="list-style-type: none"> 10:15 Chair Yoga 11:00 Games in the Oak Room 1:30 Open Swim 4:00 Mass on Ch. 28 
<p>17</p> <ul style="list-style-type: none"> 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie 6:30 Chit Chat Circle 	<p>18</p> <ul style="list-style-type: none"> 9:30 Chair Aerobics 10:30 Banking Shuttle 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Pool Volleyball 2:30 Shop at Aldi's 3:30 Monday Musings w/ Mindy 7:00 Music w/ the Rhythm Aces 	<p>19</p> <ul style="list-style-type: none"> 10:00 Aqua Fit 10:00 Batavia Downs 11:30 A Gathering to Remember w/ Rose 1:00 Travelogue w/ Christy: Stepping Through Spain 2:00 Wii Bowling 2:30 Shop at Kittelberger 6:30 Euchre Night 	<p>20</p> <ul style="list-style-type: none"> 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 Drama Club 11:30 Live at Hochstein 1:30 Brain Games 2:00 Pinochle 2:30 Shop at Kohls or TJ Maxx 4:00 Sipping Scholars 6:45 Bingo 	<p>21</p> <ul style="list-style-type: none"> 10:00 Aqua Fit 10:00 Intervol 12:30 CO Holiday Shopping Fair 2:00 Skee Ball Competition 2:30 Shop at Walmart 3:00 Indoor Putting 6:30 Bridge Club 	<p>22</p> <ul style="list-style-type: none"> 9:00 Men's Breakfast 10:00 Wegmans-Culver/Ridge 10:30 Open Swim 1:00 Mass 2:30 Writer's Cafe 3:30 Irondequoit Liquor 6:30 Euchre Night 	<p>23</p> <ul style="list-style-type: none"> 10:15 Tai Chi 11:00 Games in the Oak Room 1:30 Open Swim 4:00 Mass on Ch. 28 
<p>24</p> <ul style="list-style-type: none"> 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie 6:30 Chit Chat Circle 	<p>25</p> <ul style="list-style-type: none"> 9:30 Chair Aerobics 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 12:30 Thanksgiving Bingo 2:00 Beth Brancato: Rochester Icons 2:30 Wegmans 4:30 Dinner at P.F. Chang's 	<p>26</p> <ul style="list-style-type: none"> 10:00 Aqua Fit 11:00 Greece Ridge Mall 11:30 A Gathering to Remember w/ Rose 2:00 Wii Bowling 2:00 Trader Joe's 3:00 Book Club 6:30 Euchre Night 	<p>27</p> <ul style="list-style-type: none"> 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 The Eden Experience 1:30 Brain Games 2:00 Pinochle 2:30 Shop at Dollar Tree 4:00 Humor Half Hour 6:45 Bingo 	<p>28</p> <p>HAPPY Thanksgiving DAY</p> 	<p>29</p> <ul style="list-style-type: none"> 10:00 Wegmans 10:30 Mass on Ch. 28 10:30 Open Swim 1:00 Bible Study (No mass at CO) 3:00 CO Chorus 6:30 Euchre Night 	<p>30</p> <ul style="list-style-type: none"> 10:15 Chair Yoga 11:00 Games in the Oak Room 1:30 Open Swim 4:00 Mass on Ch. 28 

