

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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		Chapel Oaks 2025 Calendar	Chapel Oaks Front Desk 585-697-6600 ** All highlighted items require advanced sign up **	Marie's Bar & Bistro: Thurs & Fri 4-6pm 	 9:30 Drama Club  10:00 Wegmans  10:30 Open Swim  1:00 Mass  1:45 Bible Study  6:30 Euchre Night 	 10:00 Open Swim  11:00 Left, Right, Center Mass on Ch. 28 
3	4	5	6	7	8	9
 9:30 Mass Shuttle  9:45 Mass Shuttle  10:00 Mass on Ch. 28 & on Oak Room TV  1:30 Sunday Movie: <i>The Intern</i>  2:00 Open Swim	 9:30 Chair Aerobics Video  10:30 Banking Shuttle  11:00 Rosary for Peace  11:30 Office Time w/ Fr. Boyle  1:30 Appointed Resident Council  2:30 Food Council  3:00 Wegmans  6:30 Music w/ Jim Neary 	 10:00 Open Swim  10:15 Tops  11:00 Blood Pressure Checks  2:00 Wii Bowling  2:30 Travelogue w/ Christy: Nova Scotia  3:30 Shop at Kohls  6:30 Euchre Night 	 9:30 Exercise w/ Rebecca  10:00 Open Swim  10:00 Mass Shuttle  11:00 Wellness Wednesday: Fraud Prevention  2:00 Pinochle  2:30 Greece Ridge Mall  6:45 Bingo 	 10:00 Open Swim  11:45 Cookout on the Patio w/ Music by Montage  2:00 Shop at Aldis  3:00 Watch the Wizard of Oz Bridge Club 	 10:00 Wegmans-Cul/Ridge  10:30 Open Swim  10:45 Sodus Lunch Trip: The Heights  1:00 Mass  1:45 Bible Study- Sr Karen  6:30 Euchre Night	 10:00 Open Swim  1:30 Outdoor Walking Group  4:00 Mass on Ch. 28 
10	11	12	13	14	15	16
 9:30 Mass Shuttle  9:45 Mass Shuttle  10:00 Mass on Ch. 28 & on Oak Room TV  1:30 Sunday Movie: <i>Nonna's</i>  2:00 Open Swim 	 9:30 Chair Aerobics  11:00 Rosary for Peace  11:30 Office Time w Fr Boyle  1:30 Art w/ Stacy  2:00 Fire Truck Demo & Presentation  2:30 Wegmans  6:30 Music w/ Josh Hauck 	 10:00 Aqua Fit  12:30 Mystery Trip  2:00 Wii Bowling  2:30 Ruth Naparsteck: Farming in NY  4:00 Creating the Wizard of Oz Documentary  6:30 Euchre Night 	 9:30 Open Swim  10:00 Mass Shuttle  11:00 Spirit NYS  1:30 Brain Games  2:00 Pinochle  3:00 Life Lessons w/ Cindy  5:00 Emerald City Extravaganza  6:45 Bingo 	 9:30 Roc. Public Market  10:00 Open Swim  1:30 Joey Gram! Meet a Baby Kangaroo  3:30 Music w/ Peggy & Friends  6:30 Bridge Club  6:45 Bonfire & Smores 	 9:00 Chair Aerobics  9:30 Open Swim  10:00 Wegmans  10:30 Intervol at CO  1:00 Mass  1:45 Bible Study  2:30 Shop at Whole Foods  6:30 Euchre Night 	 9:00 Tai Chi w/ Anne Marie  10:00 Open Swim  1:30 Outdoor Walking Group  4:00 Mass on Ch. 28
17	18	19	20	21	22	23
 9:30 Mass Shuttle  9:45 Mass Shuttle  10:00 Mass on Ch. 28 & on Oak Room TV  1:30 Sunday Movie: <i>Now You See Me</i>  2:00 Open Swim	 9:30 Chair Aerobics  10:30 Banking Shuttle  11:00 Rosary for Peace  11:30 Office Time w Fr. Boyle  12:30 Sunshine Club  2:00 AMPS Musical Group  2:30 Wegmans  4:30 Dinner at O'Loughlin's 	 10:00 Aqua Fit  11:00 Ecumenical Service SAH  1:30 Best of the Fest: Rochester Film Fest w/ Dan Reardon  2:00 Wii Bowling  2:30 Shop at Target  6:30 Euchre Night 	 9:30 Exercise Down the Yellow Brick Road  10:00 Mass Shuttle  10:00 Open Swim  1:30 Jeopardy!  2:00 Pinochle  6:00 Red Wings Baseball  6:45 Bingo 	 9:00 Men's Coffee & Donut  10:00 Intervol  1:30 Open Swim  4:00 Humor Half Hour  5:00 Iron. Farm Market Concert: 60s Music  6:30 Bridge Club 	 10:00 Wegmans- Culver/Ridge  10:30 Open Swim  1:00 Mass  1:45 Bible Study  2:30 Shop at Walmart  6:30 Euchre Night 	 10:00 Open Swim  1:30 Outdoor Walking Group  4:00 Mass on Ch. 28 
24	25	26	27	28	29	30
 9:30 Mass Shuttle  9:45 Mass Shuttle  10:00 Mass on Ch. 28 & on Oak Room TV  1:30 Sunday Movie: <i>Happy Gilmore</i>  2:00 Open Swim 	 9:30 Chair Aerobics  10:00 Shop at Dollar Tree  11:00 Rosary for Peace  11:30 Office Time w/ Fr Boyle  1:30 Wizard of Oz Bingo  2:30 Wegmans  3:00 SAC Walk Practice  7:00 Music w/ Spencer Kornrich 	 9:30 Trader Joes  10:00 Aqua Fit  11:00 Visit Kansas! (Passport Stamp)  2:00 Wii Bowling  3:00 Book Club  3:30 Shop at Aldis  6:30 Euchre Night 	 9:30 Move to the Wizard of Oz Melodies  10:00 Mass Shuttle  11:00 Open Swim  1:30 Brain Games  2:00 Pinochle  3:00 Forest Bathing  6:45 Bingo 	 9:30 Open Swim  11:00 The Eden Experience  1:15 Chapel Oaks Hoe Down!  4:00 Bistro Trivia  5:00 Iron. Farm Market Concert-Classical Rock  6:30 Bridge Club 	 9:30 Lessons From A Cowardly Lion  10:00 Wegmans  10:30 Open Swim  1:00 Mass  1:45 Bible Study  3:00 Irondequoit Liquor  6:30 Euchre Night 	 10:00 Open Swim  1:30 Outdoor Walking Group  4:00 Mass on Ch. 28 
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 9:30 Mass Shuttle  9:45 Mass Shuttle  10:00 Mass on Ch. 28 & on Oak Room TV  1:30 Sunday Movie: <i>Happy Gilmore 2</i>  2:00 Open Swim		The Library Cart Every Tuesday from 10am- 12pm come to the front desk to check out a book from the Rochester Public Library.	Mass will be on Channel 28 at 10:30am Mon-Thurs	The events in GREEN will have a special sign up. More to come!		DIMENSIONS OF WELLNESS  Physical  Spiritual  Vocational  Intellectual  Nutritional  Emotional  Environmental  Social  Health Services  Purposeful

