



Chapel Oaks December 2024 Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie 6:30 Chit Chat Circle 	2 9:30 Chair Aerobics 10:15 Christmas Decorating 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Appointed Resident Council 2:30 Food Council 2:30 Wegmans 7:00 The Kodak Band Performance- Oak Room 	3 10:00 Aqua Fit 10:15 Tops 11:00 Blood Pressure Checks 11:15 Ecumenical Worship 12:00 Lunch at Cracker Barrel 2:00 Wii Bowling 6:30 Euchre Night 	4 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:30 Live at Hochstein 1:30 Brain Games 2:00 Pinochle 2:00 Walk to St. Ann's- Best Route 2:45 Ruth Naparstek: Holidays in the Genesee 6:45 Bingo 	5 10:00 Aqua Fit 10:00 Shop at Whole Foods 11:15 Wellness Talk w/ Emily 1:30 Make & Take Christmas Cards 3:00 Indoor Putting 4:45 Traveling Cabaret Christmas Dinner Party 6:30 Bridge Club 	6 9:30 Wegmans- Titus 11:00 Holiday Flower Arranging Class 11:30 Open Swim 1:00 Mass 1:45 Bible Study (Library) 3:00 CO Chorus (Bistro) 6:30 Euchre Night 	7 10:15 Circuit Training 11:00 Game Room Fun 1:30 Open Swim 3:30 Shuttle to Chapel 3:45 Shuttle to Chapel 4:00 Bishop's Mass on Ch. 28 	
8 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie 4:25 Buffalo Bills Game 	9 9:30 Chair Aerobics 10:30 Banking Shuttle 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Art with Stacy 2:30 Wegmans 3:30 Monday Musings w/ Mindy 6:30 Holiday Music w/ Jim Neary 	10 10:00 Aqua Fit 10:30 Del Lago Casino 11:15 Mindful Holidays w/ Monika 1:00 Jeopardy! 2:00 Wii Bowling 2:30 Broadway w/ Bob 3:00 Rubinos 6:30 Euchre Night 	11 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 Christmas Craft w/ Emily 1:30 Brain Games 2:00 Post Office 2:00 Pinochle 4:00 Bistro Trivia 6:45 Bingo 	12 9:00 Aqua Fit 10:00 Webster Bell Choir 11:30 Handy Crafters Club 1:30 Holiday Drink Tasting w/ Rebecca 2:45 Shop at Aldis 3:00 Indoor Putting 4:00 Humor Half Hour 6:15 Geva: A Christmas Carol 6:30 Bridge Club 	13 10:00 Wegmans - Culver 10:30 Open Swim 1:00 Mass 1:45 Bible Study w/ Sr. Karen 3:00 CO Chorus 3:30 Irondequoit Liquor 6:30 Euchre Night 7:00 Music w/ Kit Nelson 	14 10:15 Tai Chi 11:00 LCR in Oak Room/ Game Room Fun 1:30 Open Swim 4:00 Mass on Ch. 28 	
15 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie 4:25 Buffalo Bills Game SPIRIT WEEK: Check the newsletter!	16 9:30 Chair Aerobics 10:00 Leo's Bakery 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 2:00 Christmas Music w/ Casey Costello 2:30 Wegmans 6:45 Penfield Symphony Orchestra 	17 10:00 Aqua Fit 11:00 Greece Ridge Mall 11:15 Mindful Holidays w/ Monika 1:00 Travelogue w/ Christy: A European Christmas 2:00 Wii Bowling 3:00 Music w/ Peggy & Friends 6:30 Euchre Night 6:30 Holiday Light Drive 7:30 Holiday Light Drive 	18 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 George Eastman House Gingerbread Display 11:15 Brain Games 2:00 Pinochle 2:30 The Eden Experience! 4:00 Christmas Sing Along 6:45 Bingo 	19 10:00 Aqua Fit 10:00 Intervol 1:00 Christmas Bingo 2:30 Shop at Walmart 3:00 Indoor Putting 4:00 Sipping Scholars 6:30 Bridge Club 6:45 Marilyn's School of Dance Performance 	20 10:00 Wegmans- Titus 10:30 Open Swim 1:00 Mass 1:45 Bible Study 3:30 CO Chorus Christmas Concert 6:30 Euchre Night 	21 10:15 Chair Yoga 11:00 LCR in Oak Room/ Game Room Fun 1:30 Open Swim 4:00 Mass on Ch. 28 	
22 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:00 Buffalo Bills Game 6:30 Chit Chat Circle 	23 9:30 Chair Aerobics 10:30 Banking Shuttle 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 2:00 AMPS Christmas Music 2:30 Wegmans 4:00 Dinner at the Brook House 	24 9:00 Men's Breakfast 10:00 Trader Joe's 1:00 Right/Left Present Game 2:00 Wii Bowling 3:30 Mass at the Chapel 4:00 Mass on Ch. 28 6:30 Euchre Night 	25 10:30 Mass on Ch. 28/Chapel 	26 10:00 Chair Aerobics 11:30 Handy Crafters Club 1:30 Drama Club 2:30 Shop at Dollar Tree 3:00 Indoor Putting 6:30 Bridge Club 	27 10:00 Wegmans- Culver 1:00 Bible Study (No mass) 3:15 Writer's Cafe 3:30 Irondequoit Library 6:30 Euchre Night 	28 10:15 Tai Chi 11:00 LCR in Oak Room/ Game Room Fun 4:00 Mass on Ch. 28 	
29 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:00 Buffalo Bills Game 6:30 Chit Chat Circle 	30 9:30 Chair Aerobics 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:00 Pool Water Polo 2:30 Shop at Aldi's 3:30 Monday Musings w/ Mindy 	31 10:00 Open Swim 11:15 Countdown to Noon Celebration 2:00 Wii Bowling 2:30 Shop at Target 3:00 Book Club 6:30 Euchre Night 	Chapel Oaks Front Desk 585-697-6600 ** All highlighted items require advanced sign up **		The Library Cart Every Tuesday from 10am-12pm come to the front desk to check out a book from the Rochester Public Library Mass will be on Channel 28 at 10:30 am Monday-Thursday	Marie's Bar & Bistro: Wed-Fri 4-6pm 	DIMENSIONS OF WELLNESS Physical Spiritual Vocational Intellectual Nutritional Emotional Environmental Social Health Services Purposeful

