

Chapel Oaks Life Enrichment Calendar

OCTOBER

2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
Chapel Oaks Front Desk 585-697-6600 ** All highlighted items require advanced sign up ** Mass will be on Channel 28 at 10:30am Monday-Thursday	Marie's Bar & Bistro: Thurs & Fri 4-6pm The events in ORANGE will have a special sign up.	The Library Cart Every Tuesday from 10am-12pm, come to the front desk to check out a book from the Rochester Public Library!	9:30 Seated Dance Workout 10:00 Mass Shuttle 10:00 Open Swim 12:00 Lunch at Olive Garden 2:00 Pinochle 2:30 Brain Games 6:45 Bingo	9:30 Roc. Public Market 10:00 Open Swim 1:00 Sunshine Club 3:00 Indoor Putting 4:45 Oktoberfest Dinner & Music! 6:30 Bridge Club	9:30 Color Fall Bookmarks 10:00 Wegmans-Clvr/Ridge 10:30 Open Swim 1:00 Mass 1:45 Bible Study 2:30 Leo's Bakery 3:00 CO Chorus 6:30 Euchre Night	10:00 Open Swim 11:00 Walking Group w/ Matt 1:00 Circuit Training- Intro to Machines Mass on Ch. 28 4:00
5	6	7	8	9	10	11
9:30/9:45 Mass Shuttle 10:00 Mass on Ch. 28 & on Oak Room TV 1:30 Sunday Movie: Eat, Pray, Love 2:00 Open Swim 6:30 Chit Chat Circle 8:20 Buffalo Bills Game	9:30 Chair Aerobics 11:00 Rosary for Peace 11:30 Office Time w Fr. Boyle 1:30 Appointed Resident Council 2:30 Food Council 3:15 Wegmans 3:30 Open Swim 7:00 "Drive In" Movie Night	10:00 Aqua Fit 10:15 Tops 11:00 Blood Pressure Checks 11:15 Ecumenical Service 2:00 Wii Bowling 2:30 Travelogue w/ Christy: Ole Kentucky Home 3:30 Hobby Lobby 6:30 Euchre Night	9:30 Shop at Whole Foods 9:30 Moving w/ Pumpkins 10:00 Mass Shuttle 10:00 Open Swim 1:15 Geva: The Play That Goes Wrong 2:00 Pinochle 3:00 Life Lessons w/ Cindy 6:45 Bingo	9:30 Shop at Aldis 10:00 Pool Volleyball/ Open Swim 2:30 Shop at Target 3:00 Indoor Putting 4:00 Bistro Trivia 6:30 Bridge Club	9:30 Reminisce 10:00 Wegmans 10:30 Open Swim 1:00 Mass 1:45 Bible Study w/ Sr. Karen 3:00 Shop at Walmart 6:30 Euchre Night	10:00 Open Swim 11:00 Tai Chi w/ Anne Marie 1:00 Left, Right, Center Mass on Ch. 28 4:00
12	13	14	15	16	17	18
9:30/9:45 Mass Shuttle 10:00 Mass on Ch. 28 & on Oak Room TV 1:30 Sunday Movie: Tower Heist 2:00 Open Swim 6:30 Chit Chat Circle	9:30 Chair Aerobics 10:30 Banking Shuttle 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Art w/ Stacy 1:45 Aqua Class w/ Anthony 2:30 Wegmans 7:00 Kodak Band Concert 7:30 Buffalo Bills Game	10:00 Aqua Fit 11:00 Ecumenical Service-SAH 11:15 Spiritual Group 1:00 Fresh Air Walks 2:00 Wii Bowling 2:30 History w/ Ruth: "I Never Knew That" 3:30 Shop at Marshalls 6:30 Euchre Night	9:30 Ladies' Breakfast At Uncle Danny's 10:00 Mass Shuttle 10:00 Open Swim 1:30 Brain Games 2:00 Pinochle 6:45 Bingo	9:00 Men's Breakfast 10:00 Open Swim 11:00 Fall Craft- Pumpkin Painting 2:00 Shop at Dollar Tree 3:00 Indoor Putting 6:30 Bridge Club	10:00 Wegmans- Culver/Ridge 10:30 Open Swim 1:00 Mass 1:45 Bible Study 2:30 Shop at Trader Joes 3:00 CO Chorus 6:30 Euchre Night	10:00 Open Swim 11:00 Walking Group w/ Matt 1:00 Circuit Training- Intro to Machines Mass on Ch. 28 4:00
19	20	21	22	23	24	25
9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 & on Oak Room TV 1:30 Sunday Movie: Liar, Liar 2:00 Open Swim 6:30 Chit Chat Circle	9:30 Chair Aerobics 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:45 Aqua Class w/ Anthony 2:30 Wegmans 6:00 Penfield Symphony Orchestra 6:30 Music w/ Mike Kornrich	10:00 Aqua Fit 11:15 Spiritual Group 11:45 Lunch at Bill Grays 2:00 Wii Bowling 3:00 Shop at Aldis 6:30 Euchre Night	9:00 Finger Lakes Casino or Eastview Mall 10:00 Mass Shuttle 10:00 Open Swim 2:00 Pinochle 6:45 Bingo	10:00 Open Swim 10:00 Intervol 1:30 Indoor Putting 3:00 Music w/ Peggy & Friends 6:30 Bridge Club	9:30 Current Events 10:00 Wegmans 10:30 Open Swim 1:00 Mass 1:45 Bible Study 3:00 Irondequoit Liquor 6:30 Euchre Night	10:00 Open Swim 11:00 Tai Chi w/ Anne Marie 1:00 Left, Right, Center Mass on Ch. 28 4:00
26	27	28	29	30	31	DIMENSIONS OF WELLNESS
9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 & on Oak Room TV 1:00 Buffalo Bills Game 2:00 Open Swim 6:30 Chit Chat Circle	9:30 Chair Aerobics 10:30 Banking Shuttle 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:45 Aqua Class w/ Anthony 2:30 Wegmans 6:30 Music w/ Cindy Sue	10:00 Aqua Fit 10:30 Rubinos 11:15 Spiritual Group 1:30 Beth Brancato: Mystical Monuments 2:00 Wii Bowling 3:00 Book Club 6:30 Euchre Night	10:00 Mass Shuttle 10:00 Open Swim 1:00 The Eden Experience 2:00 Pinochle 2:30 Brain Games 6:45 Bingo	9:30 Open Swim 11:00 Foundation Ed Series 2:30 Shop at Kohls 3:00 Indoor Putting 6:30 Bridge Club	HAPPY HALLOWEEN 9:30 Boos & Brews Breakfast 10:00 Wegmans- Clvr/Rdg 10:30 Open Swim 1:00 Mass 1:45 Bible Study 3:00 CO Chorus 6:30 Euchre Night	Physical Spiritual Vocational Intellectual Nutritional Emotional Environmental Social Health Services Purposeful

