

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
Chapel Oaks Front Desk 585-697-6600 ** All highlighted items require advanced sign up ** Mass will be on Channel 28 at 10:30am Monday-Thursday	Marie's Bar & Bistro: Thurs & Fri 4-6pm  The events in BLUE will have a special sign up.	 10:00 Aqua Fit  10:15 Tops  11:00 Blood Pressure Checks  11:15 Ecumenical Worship  12:15 Lunch-Pelican's Nest  2:00 Wii Bowling  6:30 Euchre Night 	 10:00 Balloon Volleyball  10:00 Mass Shuttle  11:00 <u>Wellness Wednesday:</u> Breaking Up w/ Sugar  1:30 Brain Games  2:00 Pinochle   4:45 Baseball Night  6:45 Bingo	 9:30 Shop at Aldis  10:00 Pool Volleyball  11:00 Register SAC Walk  1:30 Magazine Scavenger Hunt  2:30 Outdoor Putting  4:00 Music Bingo   6:30 Bridge Club		
6	7	8	9	10	11	12
 9:30 Mass Shuttle  9:45 Mass Shuttle  10:00 Mass on Ch. 28  1:30 Sunday Movie: <i>The Theory of Everything</i> 	 9:30 Chair Aerobics   10:30 Banking Shuttle  11:00 Rosary for Peace  11:30 Office Time w/ Fr. Boyle  1:30 Appointed Resident Council  2:30 Food Council  3:00 Wegmans  3:30 Monday Musings w/ Mindy  6:30 Music w/ Tom & Peg	 10:00 Aqua Fit  1:00 Practice for SAC Walk   2:00 Wii Bowling  2:30 Travelogue w/ Christy New Brunswick  3:30 Shop at Dollar Tree  6:30 Euchre Night	 10:00 Seated Dance Workout  10:00 Mass Shuttle  10:30 Open Swim   1:30 Brain Games  2:00 Pinochle  3:00 Life Lessons w/ Cindy  5:45 8 Days a Week-Webster  6:45 Bingo	 9:30 Rochester Public Market  10:00 Open Swim  2:00 Foundation Ed Series at CR: Brain Health- Happy Hour to Follow  2:30 Outdoor Putting   6:30 Bridge Club	 10:00 Wegmans-Culver/Ridge  10:30 Open Swim   1:00 Mass  1:45 Bible Study  2:30 Shop at Target  6:30 Euchre Night	
13	14	15	16	17	18	19
Happy Father's Day!  9:30 Mass Shuttle  9:45 Mass Shuttle  10:00 Mass on Ch. 28  1:30 Sunday Movie: <i>Rudy</i> 	 9:30 Chair Aerobics  10:00 Shop at Marshalls  11:00 Rosary for Peace  11:30 Office Time w/ Fr. Boyle  12:00 Lunch & Learn- Bastille Day   1:30 Art with Stacy  2:30 Wegmans  6:30 Music w Mike Kornrich	 10:00 Aqua Fit  10:45 Ecumenical Service at SAH  11:30 Lunch at Don's Original  1:30 Visit Cologne, Germany  2:00 Wii Bowling  3:00 The Paper Store  6:30 Euchre Night 	 10:00 Bean Bag Toss   10:00 Mass Shuttle  10:30 Open Swim  11:00 <u>Wellness Wednesday:</u> Fall Prevention  2:00 Pinochle  3:30 Spirit Spark: Bible Plants  6:45 Bingo	 9:30 Spencerport Canal Museum & Lunch at McColley's   10:00 Open Swim  2:30 Outdoor Putting  4:00 Humor Half Hour  5:00 Iron. Farm Market Concert: Rock/Blues  6:30 Bridge Club	 10:00 Wegmans  10:30 Open Swim   1:00 Mass  1:45 Bible Study w/ Sister Karen  2:30 Shop at Kohls  6:30 Euchre Night	
20	21	22	23	24	25	26
 9:30 Mass Shuttle  9:45 Mass Shuttle  10:00 Mass on Ch. 28  1:30 Sunday Movie: <i>A Dog's Way Home</i> 	 9:30 Chair Aerobics  10:30 Banking Shuttle  11:00 Rosary for Peace  11:30 Office Time w/ Fr. Boyle   1:30 Bagpipes w/ Jake  2:30 Wegmans  3:00 Monday Musings	 10:00 Finger Lakes Casino or Eastview Mall  2:00 Wii Bowling  2:30 Broadway w/ Bob  3:00 Rubinos  6:30 Euchre Night 	 10:00 Seated Dance Workout  10:00 Mass Shuttle  10:30 Open Swim   1:30 Brain Games  2:00 Pinochle  3:30 Women of the 50s w/ Marianna (patio event)  6:45 Bingo	 10:00 Intervol  1:30 Clowning Around Party   2:30 Outdoor Putting  4:00 Thursday Thoughts  6:30 Bridge Club  7:00 Bonfire & Smores	 9:30 Reminisce  10:00 Wegmans-Culver/Ridge  10:30 Open Swim   1:00 Mass  1:45 Bible Study  3:00 Irondequoit Liquor  6:30 Euchre Night	 10:30 Open Swim  4:00 Mass on Ch. 28 
27	28	29	30	31	THE LIBRARY CART Every Tuesday from 10am-12pm come to the front desk to check out a book from the Rochester Public Library	
 9:30 Mass Shuttle  9:45 Mass Shuttle  10:00 Mass on Ch. 28  1:30 Sunday Movie: <i>Enola Holmes</i> 	 9:30 Chair Aerobics  11:00 Rosary for Peace  11:30 Office Time w/ Fr. Boyle   1:30 Fresh Air Walks  2:30 Wegmans  6:00 Music w Rob Gioia	 10:00 Shop at Whole Foods  10:00 Aqua Fit  1:30 Jeopardy!   2:00 Wii Bowling  3:00 Book Club  6:30 Euchre Night	 10:00 Mass Shuttle   10:30 Open Swim  11:00 <u>Wellness Wednesday:</u> Personality Enneagrams  1:30 Brain Games  2:00 Pinochle  5:45 Ruby Shooz-Webster  6:45 Bingo	 9:00 Ladies' Coffee & Donuts   10:00 Shop at Trader Joes  1:30 The Eden Experience  2:30 Outdoor Putting  4:00 Dinner at Castaways  6:30 Bridge Club	 Physical  Emotional  Spiritual  Environmental  Vocational  Social  Intellectual  Health Services  Nutritional  Purposeful	

