


Chapel Oaks April 2025 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chapel Oaks Front Desk 585-697-6600 ** All highlighted items require advanced sign up ** Mass will be on Channel 28 at 10:30am Monday-Thursday	The Library Cart Every Tuesday from 10am-12pm come to the front desk to check out a book from the Rochester Public Library	1 10:00 Aqua Fit 10:15 Tops 11:00 Blood Pressure Checks 11:15 Ecumenical Worship 1:00 April Fool's Day Bingo 2:00 Wii Bowling 6:30 Euchre Night	2 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 <u>Wellness Wednesday:</u> "Working w/ Our Dreams" 1:30 Brain Games 2:00 Shop at Marshalls- Irondequoit 2:00 Pinochle 3:00 Indoor Putting 6:45 Bingo	3 10:00 Aqua Fit 11:00 Garden Club Meeting 1:00 Sudoku 101 2:30 <u>Foundation Educational Series:</u> Scams w/ Bank of America Followed by <u>Happy Hour</u> 6:30 Bridge Club	4 10:00 Wegmans 10:30 Open Swim 11:30 Adult Coloring 1:00 Mass 1:45 Bible Study 3:00 CO Chorus 6:30 Euchre Night	5 10:15 Circuit Training In Fitness Center 11:00 Open Swim 1:00 Left, Right, Center 2:00 DaVinci Trio Music 4:00 Mass on Ch. 28
6 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie: <i>The Six Triple Eight</i> 6:30 Chit Chat Circle	7 9:30 Chair Aerobics 10:30 Banking Shuttle 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Appointed Resident Council 2:30 Food Council 2:30 Wegmans 3:30 Pool Volleyball/Open Swim 6:30 Music w/ Mike Kornrich	8 10:00 Aqua Fit 10:00 Leo's Bakery 11:15 Spiritual Group: Lent 1:00 Jeopardy! 2:00 Wii Bowling 2:30 Ruth Naparsteck: The Titanic 4:45 Dinner in Greece 6:30 Euchre Night	9 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 <u>Wellness Wednesday:</u> Blue Zones Episodes 1 & 2 11:30 Live at Hochstein 1:30 Brain Games 2:00 Pinochle 3:00 Spirit Spark: Life Lessons 6:45 Bingo	10 10:00 Aqua Fit 11:00 Handy Crafters Club 1:00 Visit to Meteora, Greece/Travelogue 2:30 Shop at Aldis 2:30 Craft w/ Emily 3:00 Indoor Putting 4:00 Bistro Trivia 6:30 Bridge Club	11 9:30 Reminisce 10:00 Wegmans- Culver/Ridge 10:30 Open Swim 1:00 Mass 1:45 Bible Study w/ Sr. Karen 2:30 Shop at Target 3:00 Writer's Cafe 6:30 Euchre Night	12 10:15 Balance Class 11:00 Indoor Walking Group 1:30 Open Swim 4:00 Mass on Ch. 28
13 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie: <i>Miss Congeniality</i> 6:30 Chit Chat Circle	14 9:30 Chair Aerobics 10:00 Shop at Whole Foods 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 12:00 Lunch & Learn: Passover 1:00 Art w/ Stacy (Puzzle Room) 2:00 AMPS Music 2:30 Wegmans 3:30 Monday Musings w/ Mindy	15 10:00 Aqua Fit 10:45 Ecumenical Service-SAH 11:15 Spiritual Group: Stations of the Cross 11:30 Lunch at Mangia Mangia 2:00 Wii Bowling 2:30 Travelogue w/ Christy: Beautiful Barcelona 3:00 Tops 6:30 Euchre Night	16 9:00 Chair Aerobics 10:00 Mass Shuttle 10:30 The Weather w/ Scott Hetsko! 10:30 Open Swim 1:30 Brain Games 2:00 Pinochle 2:30 Amanda Charleston – Aqua Rehab Results Presentation 3:45 Happy Hour in Greece! 6:45 Bingo	17 10:00 Aqua Fit 10:00 Intervol 11:00 The Eden Experience 1:00 Garden Club Meeting 2:00 Memorial Art Gallery 3:00 Indoor Putting 6:30 Bridge Club	18 Good Friday 10:00 Wegmans 10:30 Open Swim 2:00 Mass 3:00 Irondequoit Library 3:30 CO Chorus 6:30 Euchre Night	19 10:15 Tai Chi 11:00 Scrabble 1:30 Open Swim 4:00 Mass on Ch. 28
HAPPY EASTER! 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie: <i>The Long Game</i>	21 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Left, Right, Center 6:30 Magic w/ Steve Ingraham	22 10:30 Finger Lakes Casino Or Eastview Mall 10:30 U.S. Congressman Joseph Morelle Talk/Q&A 12:15 Lunch & Learn: Earth Day 1:30 Beth Brancato: Himalayas 2:00 Wii Bowling 3:15 Rubinos 3:30 Open Swim 6:30 Euchre Night	23 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 <u>Wellness Talk w/ Emily:</u> Tips for Healthy Skin 1:30 Brain Games 2:00 Pinochle 2:30 Shop at Walmart 6:45 Bingo	24 10:00 Aqua Fit 12:00 Ladies' Luncheon 1:30 Drama Club 2:00 Indoor Putting 3:00 Music w/ Peggy Hall & Friends 4:30 Dinner at Royal Dynasty 6:30 Bridge Club	25 10:00 Wegmans- Culver/Ridge 10:30 Intervol Volunteer at Chapel Oaks w/ Mitch 10:30 Open Swim 1:00 Mass 1:45 Bible Study 3:00 CO Chorus 3:30 Irondequoit Liquor 6:30 Euchre Night	26 10:15 Chair Yoga 11:00 Indoor Walking Group 1:30 Open Swim 4:00 Mass on Ch. 28
27 9:30 Mass Shuttle 9:45 Mass Shuttle 10:00 Mass on Ch. 28 1:30 Sunday Movie: <i>Murder Mystery</i> 6:30 Chit Chat Circle	28 9:30 Chair Aerobics 10:00 Shop at Trader Joes 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Sing Along 2:30 Wegmans 3:15 Water Polo/Open Swim 6:30 Music w/ the Beatles Duo	29 10:00 Aqua Fit 10:00 Shop at Aldis 11:15 Spiritual Group: New Life 1:00 Beginner Drawing 2:00 Wii Bowling 2:30 Shop at Dollar Tree 2:30 Broadway w/ Bob 3:00 Book Club 6:30 Euchre Night	30 10:00 Chair Aerobics 10:00 Mass Shuttle 10:30 Open Swim 11:00 <u>Wellness Wednesday:</u> Blue Zones Episodes 3 & 4 1:30 Jungle Party: Cindy's Amazing Amazon Adventure! 2:00 Pinochle 3:00 Spirit Spark: Monastic Way 6:45 Bingo	Marie's Bar & Bistro: Thurs & Fri 4-6pm The events in Purple will have a special sign up. More to come!		DIMENSIONS OF WELLNESS Physical Spiritual Vocational Intellectual Nutritional Emotional Environmental Social Health Services Purposeful

