

ADULT DAY SERVICE MENU - DURAND

May 2025 Lunch

	THURSDAY		FRIDAY	
	01		02	
	Muffins/Pears/Milk/ Egg		Oatmeal/Applesauce/Milk/Egg	
	Skim, Lactaid (12)		Skim, Lactaid (13)	
	Italian Breaded Chicken Marsala		Peaches & Cottage Cheese	
	Whipped Potatoes		Vegetable Lasagna	
	Malibu Blend Vegetables		Peas	
	Whole Grain Roll		Boston Cream Pie	
	Lemon Punch Cake			
	Chicken Salad Sandwich		Tunafish Sandwich	
Turkey Sandwich		Turkey Sandwich		
5	6	7	8	9
	Oatmeal/Banana/Milk/Egg	Cheerios/Mixed Fruit/ Milk/Egg	Muffins/Pears/Milk/ Egg	Oatmeal/Applesauce/Milk/Egg
	Skim, Lactaid (17)	Skim, Lactaid (18)	Skim, Lactaid (19)	
	Tossed Salad/Dressing	Tossed Salad/Dressing	Peaches w/ Cottage Cheese	
	Chili	Shells w/ Meatsauce	Mexican Spiced Pulled Pork	
	Corn Bread	Garlic Bread	Yellow Rice w/ Pigeon Peas	
	Broccoli	Cut Green Beans	Malibu Blend Vegetables	
	Sweet Potato Pie	Fruit Cocktlail Cherry Jell-O	Whole Grain Roll	
			Chocolate Brownie w/ Frosting	
	Egg Salad Sandwich	Pastrami Sandwich	Chicken Salad Sandwich	
	Turkey Sandwich	Turkey Sandwich	Turkey Sandwich	
12	13	14	15	
Milk, Whole Wheat Toast/100% Fruit Juice/Egg	Oatmeal/Banana/Milk/Egg	Cheerios/Mixed Fruit/ Milk/Egg	Muffins/Pears/Milk/ Egg	Oatmeal/Applesauce/Milk/Egg
Skim, Lactaid (23)	Skim, Lactaid (24)	Skim, Lactaid (25)	Skim, Lactaid (26)	Skim, Lactaid (27)
Marinated Chx Breast	Tossed Salad w/ Dressing	Chicken Fingers	Tex-Mex Beef Casserole	Peaches & Cottage Cheese
Whipped Potatoes	Diced Pepper Steak	Potato Salad	Malibu Blend Vegetables	Macaroni & Cheese
French Cut Green Beans	Seasoned Rice	Cut Green Beans	Asparagus	Peas
Whole Grain Roll	Broccoli	Whole Grain Roll	Whole Grain Roll	Chocolate Mint Pie
Rice Pudding	Peach Pie	Rainbow Sherbet	Carrot Cake	
PB&J Sandwich	Egg Salad Sandwich	Pastrami Sandwich	Chicken Salad Sandwich	Tunafish Sandwich
Turkey Sandwich	Turkey Sandwich	Turkey Sandwich	Turkey Sandwich	Turkey Sandwich
19	20	21	22	23
Milk, Whole Wheat Toast/100% Fruit Juice/Egg	Oatmeal/Banana/Milk/Egg	Cheerios/Mixed Fruit/ Milk/Egg	Muffins/Pears/Milk/ Egg	Oatmeal/Applesauce/Milk/Egg
Skim, Lactaid (2)	Skim, Lactaid (3)	Skim, Lactaid (4)	Skim, Lactaid (5)	Skim,Lactaid (6)
Applesauce	Sliced Pork Loin w/ Warm Apples	Tossed Salad w/ Dressing	Beef Stroganoff w/ Egg Noodles	Peaches w/ Cottage Cheese
Gnocchi w/ Meatballs	Whipped Potatoes	Pepperoni Pizza	Malibu Blend Vegetables	Mushroom Ravioli w/ Alfredo Sauce
French Cut Green Beans	Broccoli	Cut Green Beans	Asparagus	Peas
Whole Grain Roll	Whole Grain Roll	Mandarin Orange Jell-O	Whole Grain Roll	Whole Grain Roll
Tapioca Pudding	Banana Cream Pie		Chocolate Cake	Cherry Pie
PB&J Sandwich	Egg Salad Sandwich	Pastrami Sandwich	Chicken Salad Sandwich	Tunafish Sandwich
Turkey Sandwich	Turkey Sandwich	Turkey Sandwich	Turkey Sandwich	Turkey Sandwich
26	27	28	29	30
	Oatmeal/Banana/Milk/Egg	Cheerios/Pears/ Milk/Egg	Muffins/Mixed Fruit/Milk/ Egg	Oatmeal/Applesauce/Milk/Egg
	Skim, Lactaid (10)	Skim, Lactaid (11)	Skim, Lactaid (12)	Skim, Lactaid (13)
	Tossed Salad w/ Dressing	Chicken Fingers	Italian Breaded Chicken Marsala	Peaches & Cottage Cheese
	Open Face Hot Roast Beef Sandwich	Sliced White Potatoes	Whipped Potatoes	Vegetable Lasagna
	Broccoli	Cut Green Beans	Malibu Blend Vegetables	Peas
	Apple Pie	Whole Grain Roll	Whole Grain Roll	Boston Cream Pie
		Rainbow Sherbet	Lemon Punch Cake	
	Egg Salad Sandwich	Pastrami Sandwich	Chicken Salad Sandwich	Tunafish Sandwich
	Turkey Sandwich	Turkey Sandwich	Turkey Sandwich	Turkey Sandwich
For alternative meals, please speak to any staff or volunteer. Alanna Murphy MS, RD				

NOTE: Numbers in parentheses "Skim/2 %Milk/Lactaid (2)" indicate menu cycle #

St. Ann's is an Equal Opportunity Provider



May2025Dinner

			THURSDAY	FRIDAY
			01	02
			Fresh Strawberries, Yogurt & Granola	Milk, Muffin, Mixed Fruit
			Skim, Lactaid (12)	Skim, Lactaid (13)
			Italian Sausage w/ Peppers&Onions	Baked Stuffed Shells w/ Sauce
			Oven Roasted Red Skin Potato	Italian Green Beans
			Carrot Coins	Whole Grain Roll
5			Whole Grain Roll	Tropical Fruit
6			Cookie	
7			Chicken Salad Sandwich	Tunafish Sandwich
			Turkey Sandwich	Turkey Sandwich
			8	9
Cheese & Crackers	Applesauce & Graham Crackers	Peaches w/ Cottage Cheese	Fresh Strawberries, Yogurt & Granola	Milk, Muffin, Mixed Fruit
	Skim, Lactaid (17)	Skim, Lactaid (18)	Skim, Lactaid (19)	
	Meatloaf with Gravy	Tossed Salad w/ Dressing	Chopped Beef w/ Mushroom Sauce	
	Whipped Potato	Pepperoni Pizza	Biscuit	
	Spinach	New Brunswick Blend	Carrot Coins	
	Whole Grain Roll	Pudding	Fruit Cup	
	Mixed Fruit		Cookie	
	Egg Salad Sandwich	Pastrami Sandwich	Chicken Salad Sandwich	
12			Turkey Sandwich	Turkey Sandwich
			15	16
Cheese & Crackers	Applesauce & Graham Crackers	Peaches w/ Cottage Cheese	Fresh Strawberries, Yogurt & Granola	Milk, Muffin, Mixed Fruit
Skim, Lactaid (23)	Skim, Lactaid (24)	Skim, Lactaid (25)	Skim, Lactaid (26)	Skim, Lactaid (27)
Penne w/ Sausage	Seasoned Chicken Breast	Tossed Salad w/ Dressing	Chicken Cordon Bleu	Fish Fry
Mixed Vegetables	Buttered Orzo	Spaghetti & Meatballs	Baked Potato w/ Sour Cream	Tater Tots
Whole Grain Roll	Carrots	Italian Bread	Carrot Coins	Italian Green Beans
Pineapple Tidbits	Mixed Fruit	New Brunswick Blend	Whole Grain Roll	Whole Grain Roll
		Pudding	Cookie	Pears
PB&J Sandwich	Egg Salad Sandwich	Pastrami Sandwich	Chicken Salad Sandwich	Tunafish Sandwich
Ham Salad Sandwich	Turkey Sandwich	Turkey Sanwdwich	Turkey Sandwich	Turkey Sandwich
19			22	23
Cheese & Crackers	Applesauce & Graham Crackers	Peaches w/ Cottage Cheese	Fresh Strawberries, Yogurt & Granola	Milk, Muffin, Mixed Fruit
Skim, Lactaid (2)	Skim, Lactaid (3)	Skim, Lactaid (4)	Skim, Lactaid (5)	Skim, Lactaid (6)
Salisbury Steak w/ Gravy	Spanish Rice	Chicken Pot Pie	Chopped Steak w/ Onion Gravy	Fish Fry
Whipped Potatoes	Carrots	Sweet Potato Tater Tots	Potato Salad	French Fries
Mixed Vegetable	Whole Grain Roll	New Brunswick Blend	Sliced Carrots	Italian Green Beans
Whole Grain Roll	Mixed Fruit	Whole Grain Roll	Whole Grain Roll	Whole Grain Roll
Pineapple Tidbits		Pudding	Cookie	Pears
PB&J Sandwich	Egg Salad Sandwich	Pastrami Sandwich	Chicken Salad Sandwich	Tunafish Sandwich
Turkey Sandwich	Turkey Sandwich	Turkey Sanwdwich	Turkey Sandwich	Turkey Sandwich
26			29	30
	Applesauce & Graham Crackers	Peaches w/ Cottage Cheese	Fresh Strawberries, Yogurt & Granola	Milk, Muffin, Mixed Fruit
	Skim, Lactaid (10)	Skim, Lactaid (11)	Skim, Lactaid (12)	Skim, Lactaid (13)
	Garlic w/ Rosemary Chicken	Ground Beef Patty	Italian Sausage w/ Peppers&Onions	Baked Stuffed Shells w/ Sauce
	Oven Roasted Potatoes	Sliced White Potatoes	Oven Roasted Red Skin Potato	Italian Green Beans
	Carrots	New Brunswick Blend	Carrot Coins	Whole Grain Roll
	Mixed Fruit	Whole Grain Roll	Whole Grain Roll	Tropical Fruit
	Whole Grain Roll	Pudding	Cookie	
	Egg Salad Sandwich	Pastrami Sandwich	Chicken Salad Sandwich	Tunafish Sandwich
			Turkey Sandwich	Turkey Sandwich

For alternative meals, please speak to any staff or volunteer. Alanna Murphy RD, CDN

