

ADULT DAY SERVICE MENU - DURAND

March

2026

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03	04	05	06
Milk, Whole Wheat Toast/100%Fruit Juice/Egg	Oatmeal/Banana/Milk/Egg	Cheerios/Mixed Fruit/ Milk/Egg	Muffins/Pears/Milk/ Egg	Oatmeal/Applesauce/Milk/Egg
Skim, Lactaid (9)	Skim, Lactaid (10)	Skim, Lactaid (11)	Skim, Lactaid (12)	Skim, Lactaid (13)
Lentil Soup	Zucchini & Sausage Soup	Pasta Fagioli Soup	Italian Wedding Soup	Crab Bisque
Applesauce	Tossed Salad w/ Dressing	Country Fried Pork w/ Gravy	Italian Breaded Chicken Marsala	Peaches & Cottage Cheese
Meat Lasagna	Open Face Hot Roast Beef Sandwich	Sliced White Potatoes	Whipped Potatoes	Vegetable Lasagna
French Cut Green Beans	Broccoli	Yellow Squash	Malibu Blend Vegetables	Whole Grain Roll
Whole Grain Roll	Apple Pie	Whole Grain Roll	Whole Grain Roll	Peas
Butterscotch Pudding		Strawberry Jell-O	Lemon Punch Cake	Boston Cream Pie
<i>PB&J Sandwich</i>	<i>Egg Salad Sandwich</i>	<i>Bologna Sandwich</i>	<i>Chicken Salad Sandwich</i>	<i>Tunafish Sandwich</i>
<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>
9	10	11	12	13
Milk, Whole Wheat Toast/100% Fruit Juice/Egg	Oatmeal/Banana/Milk/Egg	Cheerios/Mixed Fruit/ Milk/Egg	Muffins/Pears/Milk/ Egg	Oatmeal/Applesauce/Milk/Egg
Skim, Lactaid (16)	Skim, Lactaid (17)	Skim, Lactaid (18)	Skim, Lactaid (19)	Skim, Lactaid (20)
Chicken Gumbo Soup	Chicken Noodle Soup	Pasta Fagioli Soup	Italian Wedding Soup	N.E. Clam Chowder Soup
BBQ Pork Nibbles	Tossed Salad w/ Dressing	Tossed Salad w/ Dressing	Peaches w/ Cottage Cheese	Seafood Stuffed Sole
Tator Tots	Chili	Shells w/ Alfredo Sauce	Mexican Spiced Pulled Pork	Sliced Potatoes
French Cut Green Beans	Corn Bread	Bread Stick	Yellow Rice w/ Pigeon Peas	Peas
Whole Grain Roll	Broccoli	Yellow Squash	Malibu Blend Vegetables	Whole Grain Roll
Chocolate Pudding	Sweet Potato Pie	Fruit Cocktail Cherry Jell-O	Whole Grain Roll	Strawberry Cream Pie
			Chocolate Brownie w/ Frosting	
<i>PB&J Sandwich</i>	<i>Egg Salad Sandwich</i>	<i>Bologna Sandwich</i>	<i>Chicken Salad Sandwich</i>	<i>Tunafish Sandwich</i>
<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>
16	17	18	19	20
Milk, Whole Wheat Toast/100% Fruit Juice/Egg	Oatmeal/Banana/Milk/Egg	Cheerios/Mixed Fruit/ Milk/Egg	Muffins/Pears/Milk/ Egg	Oatmeal/Applesauce/Milk/Egg
Skim, Lactaid (23)		Skim, Lactaid (25)	Skim, Lactaid (26)	Skim, Lactaid (27)
Lentil Soup		Pasta Fagioli Soup	Italian Wedding Soup	Manhattan Clam Chowder Soup
Greek Marinated Chx Breast		Chicken Tenders	Tex-Mex Beef Casserole	Peaches & Cottage Cheese
Whipped Potatoes		French Fries	Malibu Blend Vegetables	Macaroni & Cheese
French Cut Green Beans		Yellow Squash	Asparagus	Peas
Whole Grain Roll		Whole Grain Roll	Whole Grain Roll	Chocolate Mint Pie
Rice Pudding		Strawberry Jell-O	Carrot Cake	
<i>PB&J Sandwich</i>		<i>Bologna Sandwich</i>	<i>Chicken Salad Sandwich</i>	<i>Tunafish Sandwich</i>
<i>Turkey Sandwich</i>		<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>
23		24	25	26
Milk, Whole Wheat Toast/100% Fruit Juice/Egg	Oatmeal/Banana/Milk/Egg	Cheerios/Mixed Fruit/ Milk/Egg	Muffins/Pears/Milk/ Egg	Oatmeal/Applesauce/Milk/Egg
Skim, Lactaid (2)	Skim, Lactaid (3)	Skim, Lactaid (4)	Skim, Lactaid (5)	Skim, Lactaid (6)
Chicken Gumbo Soup	Chicken Noodle Soup	Pasta Fagioli Soup	Italian Wedding Soup	N.E. Clam Chowder Soup
Applesauce	Sliced Pork Loin w/ Warm Apples	Tossed Salad w/ Dressing	Beef Stroganoff w/ Egg Noodles	Peaches w/ Cottage Cheese
Gnocchi w/ Meatballs	Whipped Potatoes	Pepperoni Pizza	Malibu Blend Vegetables	Mushroom Ravioli w/ Alfredo Sauce
French Cut Green Beans	Broccoli	Yellow Squash	Asparagus	Peas
Whole Grain Roll	Whole Grain Roll	Mandarin Orange Jell-O	Whole Grain Roll	Whole Grain Roll
Tapioca Pudding	Banana Cream Pie		Chocolate Cake	Coconut Cream Pie
<i>PB&J Sandwich</i>	<i>Egg Salad Sandwich</i>	<i>Bologna Sandwich</i>	<i>Chicken Salad Sandwich</i>	<i>Tunafish Sandwich</i>
<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>
30	31			
Milk, Whole Wheat Toast/100% Fruit Juice/Egg	Oatmeal/Banana/Milk/Egg			
Skim, Lactaid (2)	Skim, Lactaid (3)			
Chicken Gumbo Soup	Chicken Noodle Soup			
Applesauce	Sliced Pork Loin w/ Warm Apples			
Gnocchi w/ Meatballs	Whipped Potatoes			
French Cut Green Beans	Broccoli			
Whole Grain Roll	Whole Grain Roll			
Tapioca Pudding	Banana Cream Pie			
<i>PB&J Sandwich</i>	<i>Egg Salad Sandwich</i>			
<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>			

Crackers are served daily with soup

For alternative meals, please speak to any staff or volunteer. Alanna Murphy MS, RD

March

2026

Dinner

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03	04	05	06
Cheese & Crackers	Applesauce & Graham Crackers	Peaches w/ Cottage Cheese	Fresh Strawberries, Yogurt & Granola	Milk, Muffin, Mixed Fruit
Skim, Lactaid (9)	Skim, Lactaid (10)	Skim, Lactaid (11)	Skim, Lactaid (12)	Skim, Lactaid (13)
Turkey Chili	BBQ Chicken Drummers	Ground Beef Patty	Italian Sausage w/ Peppers&Onions	Crabcake w/ Tartar Sauce
Corn Muffin	Oven Roasted Potatoes	Mashed Potatoes	Tater Tots	Seasoned Rice
Mixed Vegetables	Spinach	New Brunswick Blend	Carrot Coins	Italian Green Beans
Pineapple Tidbits	Mixed Fruit	Whole Grain Roll	Whole Grain Roll	Whole Grain Roll
	Whole Grain Roll	Pudding	Cookie	Mixed Fruit
<i>PB&J Sandwich</i>	<i>Egg Salad Sandwich</i>	<i>Bologna Sandwich</i>	<i>Chicken Salad Sandwich</i>	<i>Tunafish Sandwich</i>
<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sanwdwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>
9	10	11	12	13
Cheese & Crackers	Applesauce & Graham Crackers	Peaches w/ Cottage Cheese	Fresh Strawberries, Yogurt & Granola	Milk, Muffin, Mixed Fruit
Skim, Lactaid (16)	Skim, Lactaid (17)	Skim, Lactaid (18)	Skim, Lactaid (19)	Skim, Lactaid (20)
Sloppy Joe's/ Roll	Pork Stew	Tossed Salad w/ Dressing	Chicken Cutlet w/ Gravy	Spanish Rice
Mixed Vegetables	Biscuit	Pepperoni Pizza	Sliced Potatoes	Italian Green Beans
Pineapple Tidbits	Spinach	New Brunswick Blend	Carrot Coins	Whole Grain Roll
	Whole Grain Roll	Pudding	Whole Grain Roll	Mixed Fruit
	Mixed Fruit		Cookie	
<i>PB&J Sandwich</i>	<i>Egg Salad Sandwich</i>	<i>Bologna Sandwich</i>	<i>Chicken Salad Sandwich</i>	<i>Tunafish Sandwich</i>
<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>
16	17	18	19	20
Cheese & Crackers	Applesauce & Graham Crackers	Peaches w/ Cottage Cheese	Fresh Strawberries, Yogurt & Granola	Milk, Muffin, Mixed Fruit
Skim, Lactaid (23)		Skim, Lactaid (25)	Skim, Lactaid (26)	Skim, Lactaid (27)
Penne w/ Sausage		Tossed Salad w/ Dressing	Chicken Cordon Bleu	Stuffed Shells w/ Marinara
Mixed Vegetables		Spaghetti & Meatballs	Baked Potato w/ Sour Cream	Italian Green Beans
Whole Grain Roll		Italian Bread	Carrot Coins	Whole Grain Roll
Pineapple Tidbits		New Brunswick Blend	Whole Grain Roll	Pears
		Pudding	Cookie	
		<i>Bologna Sandwich</i>	<i>Chicken Salad Sandwich</i>	<i>Tunafish Sandwich</i>
<i>PB&J Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	
<i>Ham Salad Sandwich</i>				
23	24	25	26	27
Cheese & Crackers	Applesauce & Graham Crackers	Peaches w/ Cottage Cheese	Fresh Strawberries, Yogurt & Granola	Milk, Muffin, Mixed Fruit
Skim, Lactaid (2)	Skim, Lactaid (3)	Skim, Lactaid (4)	Skim, Lactaid (5)	Skim, Lactaid (6)
Salisbury Steak w/ Gravy	Cheese Lasagna Rolls	Chicken Pot Pie	Chopped Steak w/ Onion Gravy	Baked Tilapia w/ Mango Chutney
Whipped Potatoes	Spinach	New Brunswick Blend	Potato Salad	French Fries
Mixed Vegetable	Whole Grain Roll	Whole Grain Roll	Sliced Carrots	Italian Green Beans
Whole Grain Roll	Mixed Fruit	Mixed Fruit	Whole Grain Roll	Whole Grain Roll
Pineapple Tidbits		Pudding	Cookie	Pears
<i>PB&J Sandwich</i>	<i>Egg Salad Sandwich</i>	<i>Bologna Sandwich</i>	<i>Chicken Salad Sandwich</i>	<i>Tunafish Sandwich</i>
<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sanwdwich</i>	<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>
30	31			
Cheese & Crackers	Applesauce & Graham Crackers			
Skim, Lactaid (9)	Skim, Lactaid (10)			
Turkey Chili	BBQ Chicken Drummers			
Corn Muffin	Oven Roasted Potatoes			
Mixed Vegetables	Spinach			
Pineapple Tidbits	Mixed Fruit			
	Whole Grain Roll			
<i>PB&J Sandwich</i>	<i>Egg Salad Sandwich</i>			
<i>Turkey Sandwich</i>	<i>Turkey Sandwich</i>			

For alternative meals, please speak to any staff or volunteer. Alanna Murphy RD, CDN

