

Chapel Oaks Life Enrichment

December

2025 Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
Chapel Oaks Front Desk 585-697-6600 **All highlighted items require advanced sign up**	9:30 Chair Aerobics 11:00 Rosary for Peace 11:30 Office Time w Fr Boyle 1:00 Christmas Craft w/ Lisa 1:45 Aqua Class w/ Anthony 2:30 Food Council 3:15 Wegmans 6:00 Music w/ Jim Neary	10:00 Aqua Fit 10:15 Tops 11:00 Blood Pressure Checks 11:15 Ecumenical Service 1:00 Resident Council 2:00 Wii Bowling 2:30 Travelogue w/ Christy: American Christmas 6:30 Euchre Night	9:30 Chair Aerobics 10:00 Mass Shuttle 10:00 Open Swim 2:00 Pinochle 2:15 Meet Lisa! 3:00 Shop at Kittelberger 6:45 Science Bingo with U of R Students	9-1:00 Spectrum Q&A Drop In 9:30 Shop at Aldis 10:00 Open Swim 11:00 Reminisce 3:00 Indoor Putting 6:15 Cub Scouts 6:30 Bridge Club	9:30 Breakfast at Uncle Danny's 10:00 Wegmans 10:30 Open Swim 1:00 Mass 1:45 Bible Study 3:00 CO Chorus 6:30 Euchre Night	10:00 Open Swim 11:00 Tai Chi with Anne Marie 2:00 Left, Right, Center 3:30 Shuttle to Mass with Bishop Matano 4:00 Mass on Ch. 28
7	8	9	10	11	12	13
9:30 & 9:45 Mass Shuttle 10:00 Mass on Ch. 28 & on Oak Room TV 1:30 Sunday Movie 2:00 Open Swim 4:25 Buffalo Bills Game	9:30 Chair Aerobics 10:30 Banking Shuttle 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Art w/ Stacy 1:45 Aqua Class with Anthony 2:30 Wegmans 6:30 Music w/ The Trio	10:00 Aqua Fit 10:00 Greece Ridge Mall 11:15 Spiritual Group w/ Jack 2:00 Wii Bowling 2:30 Holiday History w Ruth 3:30 Shop at Dollar Tree 6:30 Euchre Night	9:30 Seated Dance Workout 10:00 Mass Shuttle 10:00 Open Swim 1:30 Brain Games 2:00 Pinochle 2:30 Shop at Whole Foods 3:00 Life Lessons w/ Cindy 6:45 Bingo	10:00 Open Swim 10:00 Intervol 1-3 Holiday Portrait Postcard 3:00 Indoor Putting 3:30 Dinner at Fedele's Brook House 6:30 Bridge Club	9:30 TED Talks 10:00 Wegmans-Culver/Ridge 10:30 Open Swim 1:00 Mass 1:45 Bible Study w Sr Karen 2:30 Shop at Trader Joes 6:30 Euchre Night	10:00 Open Swim 11:00 Current Events with Matt 2:00 Left, Right, Center 4:00 Mass on Ch. 28
14	15	16	17	18	19	20
9:30 & 9:45 Mass Shuttle 10:00 Mass on Ch. 28 & on Oak Room TV 1:00 Buffalo Bills Game 1:30 A Christmas Carol: 1 Man Show at SAH 2:00 Open Swim 6:30 Chit Chat Circle	9:30 Chair Aerobics 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 2:30 Wegmans 6:45 Penfield Symphony Orchestra: White Christmas	10:00 Aqua Fit 11:00 Ecumenical Service At St. Ann's Home 11:15 Spiritual Group w Jack 1:00 Bean Bag Toss 2:00 Wii Bowling 4:45 Traveling Cabaret Christmas Dinner Theater 6:30 Euchre Night	9:30 Chair Aerobics 10:00 Mass Shuttle 11:30 Live at Hochstein 1:30 Brain Games 2:00 Pinochle 3:00 Leo's Bakery 6:45 Bingo	9:30 Shop at Aldis 11:00 The Eden Experience 1:30 Concert at ST. Ann's Chapel 3:00 Shop at Target 6:30 Bridge Club 6:45 Marilyn's School of Dance Performance	10:00 Wegmans 11:00 Sunshine Group 1:00 Mass 1:45 Bible Study 2:30 Irondequoit Liquor 3:00 CO Chorus 6:30 Euchre Night	10:00 Open Swim 11:00 Tai Chi with Anne Marie 2:00 Left, Right, Center 4:00 Mass on Ch. 28
21	22	23	24	25	26	27
9:30 & 9:45 Mass Shuttle 10:00 Mass on Ch. 28 & on Oak Room TV 1:00 Buffalo Bills Game 2:00 Open Swim 6:30 Chit Chat Circle	9:30 Chair Aerobics 10:30 Banking Shuttle 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 2:00 AMPS Music 2:30 Wegmans 4:15 Christmas Lights Tour	10:00 Aqua Fit 9:30 Shop at Walmart 2:00 Wii Bowling 3:00 Music w/ Peggy & Friends 4:15 Christmas Lights Tour 6:30 Euchre Night	9:30 Chair Aerobics 10:00 Mass Shuttle 10:00 Open Swim 1:00 Holiday Bingo! 2:00 Pinochle 3:00 Brain Games	10:00 Wegmans-Culver/Ridge 10:30 Open Swim 1:45 Bible Study 6:30 Euchre Night (No Mass at CO today)	10:00 Open Swim 11:00 Current Events with Matt 2:00 Left, Right, Center 4:00 Mass on Ch. 28	
28	29	30	31			DIMENSIONS OF WELLNESS
9:30 & 9:45 Mass Shuttle 10:00 Mass on Ch. 28 & on Oak Room TV 1:30 Sunday Movie 2:00 Open Swim 4:25 Buffalo Bills Game	9:30 Chair Aerobics 11:00 Rosary for Peace 11:30 Office Time w/ Fr. Boyle 1:30 Beth Brancato: The Holidays 2:30 Wegmans	10:00 Aqua Fit 10:30 Rubinos 11:15 Spiritual Group w/ Jack 2:00 Wii Bowling 3:00 Book Club 6:30 Euchre Night	9:30 Chair Aerobics 10:00 Mass Shuttle 11:30 “Noon” Year’s Eve Party 2:00 Pinochle 6:45 Bingo	The Library Cart Every Tuesday from 10am-12pm come to the front desk to check out a book from the Rochester Public Library Mass will be on Channel 28 at 10:30 am Monday-Thursday	Marie’s Bar & Bistro: Thurs & Fri 4-6pm The events in GREEN will have a special sign up.	Physical Spiritual Vocational Intellectual Nutritional Emotional Environmental Social Health Services Purposeful

